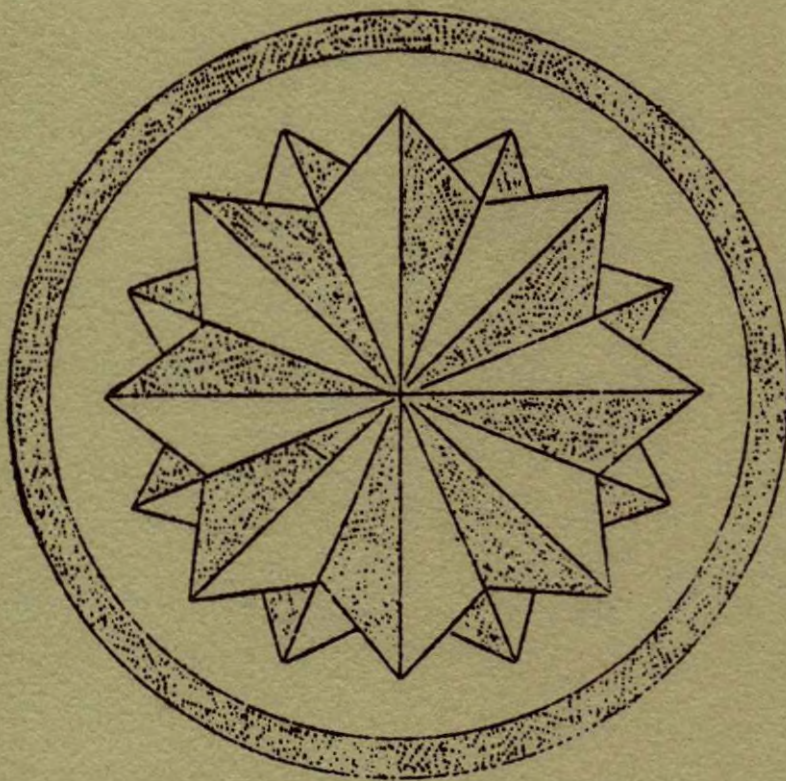


SEANCE MEMORANDA from the

Inner Circle

BSRA No. 8-E, Nos. 9 & 10 of the First
Series of Seances, Starting June 6,
1948 and continuing thru Oct. 17, 1948.



through Mark Probert, medium

A Publication of:

BORDERLAND SCIENCES RESEARCH FOUNDATION
PO Box 548, Vista, California 92083
USA

SEANCE MORANDA from the

INNER CIRCLE

through Mark Probert, medium

PART 9

June 6, 1948 -- Aug 22, 1948

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Controls in the order of their appearance: Lao Tse, Prof. Luntz, Lo Sun Yat, Arakashi, Hawaiian Kahuna, Unknown, Theresa Vandenberg.

* * *

INTRODUCTION TO 1949 EDITION BY MEADE LAYNE, FORMER DIRECTOR, BSRA:

These booklets contain reports of trance mediumship only. They are not "message circles" or religious gatherings, but are concerned with factual data relative to life on the astral levels, and with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informative purposes only, and not in the interest of any religion, cult or organization.

The medium, Mark Probert, is about 40 years of age, an artist, not commercially employed. He is not a professional medium or psychic, and except for donations at public seances (now given for the first time) has not received any compensation for the three to four years he has devoted to mediumistic work. Previous seance reports have contained the names of sitters and a good deal of unimportant and irrelevant conversation. In order to conserve space and publishing costs, we shall hereafter omit the questions wherever their nature can be easily gathered from the reply, and also many trivial comments of ordinary conversation. Replies of the Controls are often condensed but care has been taken not to distort their meaning. Names of sitters are omitted, and the meetings are understood to be held in San Diego, California unless otherwise specified.

* * *

A publication of

Borderland Sciences Research Associates
Foundation, Inc.
PO Box 548, Vista, Calif.

* * *

Sunday June 6, 1948. Nine persons present

1.

2:34 Lao Tse

"How do you do - I am Lao Tse. New faces this afternoon. I am extremely pleased to meet you. I notice, not only at these gatherings, but in many other places, younger people are beginning to take an interest in this field. This generation of younger people are more desirous of learning whatever truths they can. They are sick and tired of the fallacies and the pretense of former teachings. Now if you have something that you would wish to bring up, I will gladly try to answer."

M.L. Did you hear the topics suggested?

"Yes, doctor, I will attempt to give some answers to your questions. Now I assume that you would like to know or to be able to tell without extensive examination whether or not a person is under obsession - is that true? You take a patient that comes to you -- that you suspect of obsession, and shine lights in his eyes. If the pupil is enlarged and does not reflect or contract to light, you can be fairly sure he is under obsession. Have you heard of this before?

Dr. C....Not in that connection....

"The obsessing entity has not the ability to work the pupils of the eyes. So if you will experiment with that and make continued notes on it for a period of a month, you will get your own results and find the truth for yourself. You will find almost the same condition in one who has been hypnotized."

M.L. Do not certain drugs also have this effect?

"Yes, there are some kinds of drugs that shrink the pupils to mere pin-points - hashish and heroin. There is also an excessive amount of forgetfulness in an obsessed person, and it is quite a different type of forgetfulness you will find in the person whose mind is busy with many things. It is as though they did not even realize the thing that they had forgotten ever existed. It takes some bringing back to memory what that thing meant to them."

M.L. Is there any other particular diagnostic sign?

"There is also a large amount of concentrated attention -- exaggerated attention -- as though the person were intently listening to something; of course most of this takes place in the advanced state of obsession. All of us that live in the physical body are at one time or another lightly or heavily obsessed; no one stands clear of this. An excellent way to bring it about is rage -- wrath -- in that instant you open the door."

K.T. Is that the explanation of the so called 'temporary insanity' murders -- that people do not seem to remember committing?

"Yes; exactly. Later they come out and say Why? Why? The same thing went on in my time."

M.L. What about the normal association tests? Are results distorted?
 "Not always; it depends largely upon who the obsessing entity is. If it is an intelligent person, you will get intelligent answers -- or you will find out that the person obsessing is ignorant, stupid, and even unaware that he is obsessing. If intelligent, he will be aware of the fact that he is obsessing and think that he has a reason for obsessing."

M.L. Does this differ considerably from the normal personality?
 "Yes."

Dr. C. Have you anything special to offer in relation to the case at hand today?

"If you will be a little patient with me, I will return. The truth is that on receiving certain stories and thoughts on a particular subject, the personality or the entity, as myself, is not always prepared to answer because they do not know that particular person in question. So I will go and try to find out. Now that the medium has a connecting link, it helps me much better." 2:46 control departs.....

2:55 Professor Luntz.

L.P. If I give you my wife's address, will you look her up?

"I will indeed and I will attempt to talk to the boy clairaudiently and then he can write and send it to you." Some people assume that because I am living in a different state of consciousness than the so-called physical plane, not only I, but all of us who attempt to come back, in various seance rooms and in other ways and places, that we automatically know everything and everybody and where they live."

M.L. About the address....do you need it? Is not there another way to find these people?

"There is, but I always say it is best to take an old and tried method first, and then if the other one needs to be used or has to be relied upon, we have it."

M.L. Do you look for an address?

"No, but you see, direction gives me a more straight line to that person without having to fumble around in the ether to pick up their vibratory rate. In your telepathy, this could be used to a great advantage to know where the person is, at least in what direction, east, west, north, south; in that way, you save throwing around your mental energy in a promiscuous manner."

M.L. In the case of healing by mental contact -- is it better to project a mental image of the body, or not to visualize the external vehicle at all?

"It depends largely on the case; sometimes a good method is to form a good double of the individual, the one who is suffering, or conjure up a good mental image of the person, and making your passes and mental healing contact with the atomic structure of the body."

M.L. Being separated by space - is it better to throw one's own image to the person?

"It would be, if the person is extremely ill, it would be much better to project yourself to them mentally."

M.L. In that case, should one visualize the surroundings and the patient, and himself as standing beside the patient, and make the passes?

"Yes."

L.P. Prof. Luntz, on coming from Los Angeles here today, I tried to contact you in a psychic manner to bring up this matter of which I have asked you today; I wondered if you were aware of it - or is that possible?

"It is not impossible, but in this instance you did not succeed in contacting me, at least I did not feel it. But now that I know that you would like to experiment with something like that, I will know next time. Young lady, have you something that you would like to talk about?"

B.L. Yes - for the last few months, on going to bed, I have a reeling sensation, as if whirling off through space; at first I was terrified, then curious; it has been very strong - can you tell me anything about it?

"There are two points to consider, one a physical one, the other a psychic one. It seems to me that in your physical one, what may be taking place there would be a disturbance of some kind in the blood - possibly a sudden rising of blood pressure?"

B.L. It has been a different feeling than that....

"Yes, I know; or it could come about through a stomach condition; I am merely speaking of the physical points right now, but in the psychic condition or the mental condition, you could be having or experiencing the beginnings of projection."

B.L. Is that dangerous?

"No, it is not dangerous if it is under control, and even though it may not be, do not be frightened of it, because the psychic body is a very peculiar thing; it is extremely sensitive and as it has not been out of the body before, it is extremely shy, and will more likely snap back than it will stay out; in fact, you will have quite a job to keep it out - so do not be afraid, and if you do not like the occurrence or the experience, do not encourage it, but sit up and read and distract your attention in another way until it leaves or until you automatically fall asleep."

Dr. C. Does this happen after exertion?

B.L. It happens when I am perfectly relaxed.....

Dr. C. I am more inclined to believe it is of a psychic nature, Professor....

"I do too, doctor, but there are times that the blood stream -- from my point anyway, has, or can have a sudden change of pressure by thought, but then perhaps the thought is an unhappy one, of discontent, and the patient or person may not move a muscle, but the physical brain starts up an action that affects the entire body and will naturally, affect the blood stream. Do you think that possible?"

Dr. C. Yes. Are you especially emotional?

B.L. I have been very much emotionally disturbed for the past few months.

"An emotional upset can readily start up such an upset, or a poor physical condition. I think now, if you do not mind, I will go."

3:36 Lo Sun Yat.

K.T. We have missed you, Lo Sun Yat - why don't you come around more often?

"Thank you; I, like everyone, love to be missed, but there are many things to do in my world the same as there is in yours and I get back when I can and I always enjoy coming and your American friend Lingford, will be back at the next meeting and talk to you of some interesting things that he has found out, something new, he says. That there is anything new these days is certainly surprising."

L.P. We don't want you to drop you.....

"I will not drop out."

M.L. The first time you came to us it was from a meeting in Tibet....

"Yes, and one is due to take place again soon; they are held twice every five years."

L.P. When you talked to us from the meeting in Tibet, was it similar to our London experiment?

"Yes, only not with a physical body, but a materialized body. To tell the people that are here a thing or two about that; twice in five years, what are known as adepts, or learned men of life, gather in a vast cavern in Tibet, and there they call through chant and prayer, upon the adepts or advanced students that have passed on, and they materialize and join in the meetings. It is highly interesting and extremely helpful to all concerned. At some other time, possibly right after the meeting in Tibet, I will come back here and talk to you on it." Control departs
3:45 P.M.

July 18, 1948. Twelve persons present, discussing euthanasia.

2:18 P.M. Lao Tse

"Good afternoon. I am Lao Tse. I am happy to be here this afternoon and I am going to take some of you up on your conversation. For one thing, I wish to say that it is not a good idea to eliminate the soul from the body because it (the body) seems to be suffering. I think my friend, and guide of the boy was talking a few Sundays ago on just that subject. Now it is a known fact that illness can sometimes cripple the vehicle for years and leave the vehicle in an extremely embarrassing situation where he or she is in everyone's way. Nevertheless, it is up to you who are well and strong to help that party, that person to carry out and finish out their lives as long as they can possibly stay in the body because there is no telling when the mind will suddenly take on a wonderful power and produce something of great

value and leave it to you who stay in the world, so do not think that you would be doing yourself any good by setting that person free - - and on top of all that, you would have a mark against you."

M.L. Natural death should be waited for, even though the victim himself is anxious to be released? Is that what you mean?

"I do; pain is a terribly distressing thing; nevertheless, if that individual can be taught to bear with the pain and have patience with it, he may yet recuperate and do great things."

M.L. Yet we have communicators from your side who have committed suicide, and yet have suffered no ill results....

"That is true; they have relieved themselves. They, then, are responsible for their own karma."

M.L. Is there anything reprehensible in that?

"Not entirely; an individual that finds life too great a problem -- he finds it within himself to eliminate himself from this life, that does not mean that he is going to go through any great suffering in the after-world."

Dr. C. I had two very close friends who were suicides - neither of them seemed to suffer because of it...

"Often the so-called destiny is talked about; so much has been said that one pays for this and pays for that - but let us for a moment think: If a man gets killed in a war - in your present-day dashing around chariots - or a simple death, whereby he lies down and dies - or whether he ends his own life with one means or another - is it not just possible that it is his destiny? that it is the thing for him? that it was already 'in the cards'?"

Mrs. S. Are we, then, mere automatons?

"No, we are not - except by the way we use this up here (indicating the head). Everything we do in life, every thought we think - leads us directly to our end, our fate, our destiny with this physical world. So it depends largely on the mental conditions of the person who goes over, whether or not he will be able - if he has a guilt complex, yes - he will then suffer no end. Sometimes we are in a state of confusion about the ethics or the moral of a thing. But believe me, the only moral principle that you are to have is to be right here, as you think; if you consider a thing wrong, it is wrong; it is deadly wrong, and you will pay for it. But you must find that state of mind. When a man, like in this last war, commits terrible crimes upon his fellow man, and he, himself, then pays with the loss of his life - do you suppose for a moment when he comes over here that he is any more worried or upset, or that he thinks he has done something wrong? He does not; not until he finds it within himself, then his suffering - repentance, begins - then he is burnt as by fire."

M.L. Then the stupid and hardened may escape the fire for a long time?

"For a long, long time; and they who know will suffer considerably more because they know what they do. But then comes the time - and that time will come as sure as this great universe is here in existence that they, too, shall pay - yes; you can not escape; as you sow, so shall you reap. Your own Christian Bible tells you that. And while you see many around you who are enjoying the great luxuries and ease - you say 'how can he get away with that? He must be terribly sinful. But believe me, my friends, no -- he is not getting away with it; the only greatness to life is to be found through the mind - the only freedom, the only happiness. Please to pardon me.'" 2:30 P.M.

Control: Prof. Luntz. 2:40 P.M.

Mrs. S. Homeopaths claim they can cure 85% - of Cancer cases.

"That I do not know, I have not seen it done, and I only believe what I see, but I do know that there are right here in your country, cures for cancer."

Mrs. S. Osteopaths claim they can cure cancer if they get it soon enough, and at least relieve the pain....

"That is very possible; sometime we will find the best way to cure cancer is to keep it from happening; it is unfortunate that, with all your contacts with my world that there is not someone who could give you a definite cure for cancer, but - providing this was done - it is extremely doubtful that the person who brought it forth would have the chance to do anything at all with it; the heads of the medical profession would not stand for it and they would probably throw the medium in jail."

3:30 Control: Arakashi.

"Good afternoon everybody; I am Arakashi. Your conversation is extremely interesting to me, on time. It is like the subject we took up about a week ago - precognition - it is like the things we were talking about that night - a good topic because there is no end to it. You can get any number of ideas and any number of opinions, but I think in the last analysis, the truest of all those opinions depends upon the individual himself, and lies within him. It was also mentioned several weeks ago when you spoke, Dr. L., of an individual who somehow or other projects himself or a part of himself and is seen, and sometimes talked to; and as I have said, the time element there lies in two places at the same time; you may see such a projection, but to the projection, the time is not the same. You may see him for, say, five or ten minutes - it is five or ten minutes of your time. It may be just a fraction of that to him -- to the projected double (which is conscious in its own right), that is right. But that does not necessarily mean that the individual who is doing the projection in what you call subconsciousness is aware of it, because often he is not."

M.L. There are a good many cases on record ...

"You see, the human being is vastly more complicated than any of our schools teach; they do not always reckon with various kinds of time taking place simultaneously."

M.L. Can more than one double be projected at the same time?

"It can, but is not often done; the reason for a subconscious projection taking place is that the individual has worked up a problem in his mind and does not know what to do about it and so sets it aside for a time; then while this individual is going about his daily work, the consciousness suddenly realizes that something can be done about it. This is very liable to cause a sudden and unlooked for projection, such as you spoke of."

M.L. Does this include wishes?

"Yes."

M.L. The wish does not need to be present to normal consciousness?

"No; man is a wondrous being; he has been taught such foolish things and these things have stifled his living."

M.L. If two doubles are projected by the same here-living person, do both doubles originate from the dense body in the same manner, or does the second originate from the first?

"No, the second will also originate from the dense body."

M.L. Then there seems to be no reason why a considerable number of doubles might be projected at the same time?

"There is no particular reason; the reason all lying in the individual himself. The consciousness finds certain things necessary and proceeds to do what is to be done."

M.L. Is there nothing in the psychic consciousness of man to prevent his projection on several planes of consciousness at once?

"That, to me, is right, because consciousness is not something confined; it goes on and on; it is everywhere present - in all space and in all of what you call time - it is aware of all things; the physical body being the block and the liar, the pretender, and the one that puts off until tomorrow."

M.L. We also have instances of bilocation of consciousness as it were, where part of the consciousness will function on the astral, but the part remaining here will be able to transcribe what is happening in the other part of the consciousness - is this different from the projection of the double?

"This -- in this particular case, then, we have the consciousness, instead of acting like, and taking on the aspects of a living individual, it acts as an energy flow running between the two or in states of consciousness."

Dr. C. Would that condition cover impressional writing by an individual?

"O, yes, indeed; that is the very character of impressional writing."

M.L. Also inspirational writing?

"Yes."

M.L. Also genius? Bilocation of genius?

"Here we come! Yes, that is what I tried to point out the other night; it is a matter of sensitivity."

Dr. C. Does writing impart to genius the same thing in a different degree?

Yes; you see, genius is only a matter of being a little more sensitive to the energy flow - cosmic mind - the seeming outsideness of yourself. Disbelief that you can find all within yourself, so you strive to get something from outside, but all the time it is inside. By meditation or intensive concentration, you raise the atomic speed of the brain cells of the mind; this brings you into contact with the wonderful energy."

Dr. C. Is there a division of effort in this impression of this matter? "On this side, one will state definitely that he is going to give impression, to be imparted through writing; that impression must come, not from the individual who is writing, but is imparted by an individual on the other side. There are so many ways to learn - there are so many forces to learn from - that most assuredly you can contact the force of the spirit of a departed one - but you can also eliminate that and contact the Cosmic Mind - which will tell you all you wish to know."

Dr. C. I have some friends who are studying along that line - they believe it best to go to the highest source.....

"It is not always advisable to go directly to the highest if you are not so trained; it is best to take life in degrees and learn that way - to jump ahead unless you are trained for it is liable to involve you in all manner of suppositions and ideas where you reaped your knowledge from. It does not truly matter where you reaped your knowledge from so long as it is wisdom and right. Of course, the only trouble in making a statement like that is that the good doctor is liable to ask me what is 'right!'"

M.L. Is that a rational question?

"Indeed it is a rational question, but to get a rational answer is something else."

M.L. The test is supposed to be whether there is a rational answer.

"A rational answer depends upon who is giving the answer."

Dr. C. Ruskin says, 'Might is Right'.....

"Might is most decidedly not right; that, today, is one of the greatest causes of the physical world's troubles. It is also the cause on our side, too -- human beings do not change -- only through learning do they change."

M.L. Where does the idea of 'right' come from?

"It comes from one man wanting more than his share."

M.L. But moral right -- the idea of right and wrong -- where does it originate? Is it something picked up after the entity begins to function on this plane of experience?

"Truthfully, as I observe it, right, good, is a thing to contend with always, on all planes of consciousness; it is the harmony of life."

M.L. We are born with certain innate ideas such as space, time and causation -- should we add the idea of ought and ought not to those?

"Yes, I would; to the unlearned at large, I would, but not to the learned -- not to the men of wisdom; he needs no such laws to guide him."

M.L. The question is one of fact - the basic origin of moral codes -- whole systems of ethics are involved.

"The basic origin of all things -- including that -- is only one place; it is in the mind -- the man, the individual. There is no over-all thing about it."

M.L. Does the child have the innate sense of ought and ought not?

"No; that is something that he is taught when he comes into the physical world."

M.L. That is really the question I am trying to formulateis there an innate moral sense?

"No; you see -- in nature, there is no moral right or wrong -- there is only growth; and it is with the weed the same as it is with man; we all proceed along harmonious paths, and when we deviate from those paths of harmony, we go down to the fall and take the count."

M.L. So many of us believe, but men have been burned at the stake for such pronouncements."

"It is well to be burned at the stake, then -- far better than to forget that code, forget that law, or to deny it; to deny that law is to deny growth to yourself. Good afternoon." 3:50 P.M.....

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$\frac{111}{111}$

August 8, 1948. Eleven present.

2:52 (Foreign control). (Foreign language, then English); Well, good afternoon. You're wondering why the boy has been unable to work with us or I should say, we with him. Only a mental adjustment was needed. (Q). No, the trouble was not in the group, only in the boy's mind. He could not arrange his thinking to come up to the level where we could contact.

M.L. Can you give him any advice about that?

"No, we cannot give any advice to help with that; it is out of our hands. He has to reach a stage of mental adjustment by himself. We cannot do it for him or tell him how. (Q). No, it is not relaxation that is necessary; it is a peculiar condition of the mind. Until that point has been reached it is futile for us to try to speak through him. It's very much like your machine over there (radio) - tuning in. It is a certain peculiar activity of the mind. (q). Yes, that is characteristic of all trance mediumship - the medium has to reach that peculiar state. Sometimes in obsession cases that point has been reached and held; that is why a person continues to be obsessed.

M.L. Does hypnosis produce that mental state?

"Yes, it becomes easier for the subject who is hypnotized often.

If mediumship is produced by hypnosis, the chakras are opened, and cannot be closed again except by action of the hypnotist. Post-hypnotic suggestions are not effective as protection against the 'door' remaining open. (The communicator declined to give his name for the present).
3:00.

3:01 Control Arakashi:

"You were asking the control who just left, his name for sake of your record. Many of us here do not feel that it is necessary or useful to give our names. Names have nothing to do with what is said. You see, too often so-and-so is quoted, and too often misquoted, and this brings a great deal of confusion which has to be straightened out. So we feel that until we become very clear and rational in our conversation we would rather save face by keeping our names to ourselves. Now, Dr. C., you were speaking of your American friend coming back to talk to you about organic diseases - yes? You mean diseases of the organs of the body?

Dr. C. Where the cells have definitely taken on a changed condition and cannot continue their original activity, so far as we know.

"Do you suppose it could be changes of vibration of the chemical substances which make up the cells? or due to the atomic changes of the cell?

Dr. C. I should think that might be reasonable. Can the cells be changed back?

"Yes, they can, because, to get back to the theory of the mind, it was the mind that changed the cells."

Dr. C. When the organ wastes away the space is vacant; we call that an organic lesion.

"So it is, I may say -- apparently vacant. To the physical way of looking at it, which is true -- and to men of the medical world it seems logical to suppose that is the end. That there is nothing more there. Nevertheless all that has disappeared is the physical construction; the astral construction is still there, and it was out of this that the physical was made. The former is controlled by the mind, and it controls the physical. Your Master Christ is said to have raised the dead, healed the blind, cured lepers. I am sure in leprosy, doctor, that the organic condition of the body must be pretty well gone - eh?" (Dr. C. Yes.) Then either the Bible is lying and your Master Christ was given credit for more than he actually did, or there's some truth about the mind -- do you not suppose so?"

Dr. C. Under the conditions named, is it possible for the human being to succeed in that same type of cure?

"I am almost certain, doctor, that that sort of thing has been done; in fact it was not many weeks ago that we had occasion to somewhat attack Christian Science in its theory, but you see, it is not Christian Science or the teachings of the Christian Scientists as Christian Scientists that cures the individual, but that the one who is cured, has, in some manner, been able to arrange his thought patterns so that they act as a curative on the body. Had he had faith in any other teachings, he would have

received the same results. So the curing does not lie in the one who is performing the art of healing, but it lies in the suggestability of the mind of the patient."

Dr. C. Could hypnosis enter here in order to help that patient?

"Yes, it can; almost any of your known illnesses, with repeated doses of hypnosis -- rhymes, doesn't it? -- can be eventually cured. The mind, to begin with, like your good Prof. Luntz says, constructed itself by thought, projecting into time and space etheric constructs or molds. These molds are highly sensitive and are controlled by the physical mind of the individual, but they can be made to vibrate to the mind of another individual through suggestion. Do I make myself clear? You know, I do not think I have said sufficient, at least not so that you may be able to present it to other doctors of a more orthodox way of thinking.

Dr. C. Unfortunately, the medical profession would be the last to accept it.

New Control:

M.L. Are you one of the Kahunas?

"I am. My teachers, my masters, now say I come and talk a little while with you - make more clear teachings.

M.L. We are very grateful for every item of information about your healing practices. Would you like to speak to us about the way in which you accomplished instant healing?

"Is the same way as the mastery of fire walking, extended to someone who even do not believe that such can be done. It is the giving of different energized forces to another -- it is imparting of mind substance that is clean, that is good."

M.L. If you, yourself, were to heal a broken ankle, would you form a mental image of a perfect ankle?

"Yes."

M.L. What more would you do?

"In forming in mind a perfect bone, you are making a pattern -- a good one -- you are changing the broken mold for a complete mold.

M.L. Into this mold, you draw particles of dense matter by your will?

"Yes, by the will, by the power of the mind -- or the same thing takes place with cells of the body -- which changes the vibratory rate."

M.L. Is this essentially the same thing as takes place in our so-called miraculous healing?

"Yes, it is the same thing."

Dr. C. Is that what Jesus used?

"You people of white races, you do not have the faith which we did. Your teacher Jesus said 'unless you become like little children, you shall not

enter the kingdom of heaven.' All that is meant was to so fix your mind that you can receive understanding. I wish I could speak more plainly.

M.L. We are trying to use this healing art -- what is the best step to that understanding?

K.T. We would also like your opinion, since the question was raised by several readers of Mr. Long's book, of using this means of gaining material things.

"All things that the mind feels is for its use in your physical world is good. So much has been taught of the evils of exchange in your money. There is no evil in money - there is only evil in its use; it is the same as black and white magic, there is no evil or good in either, if it is not used in the proper manner, or if it is used in the proper manner, only. Believe, please believe me, peoples, thought is substance; in a country long way from here is natives in bush that have thing they throw - you call boomerang - it will come back and kill you - so your thoughts, because it is energized substance, are the same. The thing that I came to speak about, though, was for you to please to explain to white man that write book, that man, on death, does not separate himself into many pieces like exploding snake.

Miss J. His conception of different entities really was only as different levels of consciousness...

"Yes, or you might say again - it is the same thing - different way of thinking."

M.L. Is it right to invoke the Aumakua in acts of worship?

"Aumakua is great man, great lord, great mind or protector of body."

M.L. Before the power can flow to Uhane must the channels of Unihi-pili be cleared?

"Yes, must be cleared to not thinking of yourself, 'Not should have done this or that.'"

M.L. You must mean clearing of guilt complexes?

"Yes."

M.L. These complexes must be cleared before the power can descend?

"Yes or else you have a block of which there is no getting through. Please to tell man our peoples are very, very happy to him for he bring back all the teachings of our peoples to the present peoples. The white man is very high in mind and can understand and have to work different law of our teachings. Much better have this present generation than any generation which ever was here.

M.L. That is very encouraging. Can you say any word as to the time or place of Huna origin?

"I please to go and find out if I can talk some more. (Departs 4:20, returns 4:24. Dances, speaks first in Polynesian language, then English). Aloha. From my people, they say to me, 'Go, my son, and explain our work; go, explain to white peoples, from whence we come:

Out of the great spaces from which all humanity manifested themselves into this physical world, there are great teachings. They brought their teachings into this physical place of substance, in order to keep an open door to the day when we here must all go back."

I.P. In what country did they first start practicing this teaching?
 "From out of what today you call the Hawaiian Islands; many, many centuries ago, after tremendous, tremendous eruptions and quakes that swept the earth, came the many small islands now to be found in the South Pacific. There my people took form, just the same as you have taken form in your individual countries. Life on this earth plane to begin with, was a spontaneous action -- man did not at first work through what you call a biological process, but it was some time later that he used this method to enter into the earth.

M.L. It is believed among our scholars that the Kahuna teachings originated somewhere in the region of India. It is also found among the tribes in North Africa.

"These teachings, or at least parts of them, are held as truth in all of the great teachings of the life of mankind, and you can see why -- because man comes from out of one place, all man -- space."

M.L. Then the true birthplace of these teachings was in the islands of the Pacific?

"Of the Kahuna, yes; but you see, I say same kind of thing to be found in all life, all teachings -- just a different way of approaching it. You take -- you have right here before me now, a very fine Chinese man as Lo Sun Yat, and you have, too, Lao Tse; they will tell you of similar teachings from their people. In a long ago, Lo Sun Yat tell you how in his country, they freeze wet blanket around themselves, and make dry. Same force is mind from body; same force is foots on fire. The big mistake man makes is believing that he alone, his race, his group, is the only one that has the knowledge of life and the great path to the glorious Aumakua. It is wrong. Now, do I make things plain to you, doctor?

M.L. Yes indeed, you have answered our questions in a way new to us and we are grateful. Have you been long on the other side?

(Control speaks to another on his side in foreign language, then in English). "Seven hundred, and five hundred - what is that?"

M.L. Twelve hundred years; from the Hawaiian group of islands?

"Yes."

M.L. Was the great magic known to you in those days?

"Known long before that time too; only thing is bad, white man come to islands, teach of white God, tell Kahuna man he have devils in him -- him have no power. Him have to rely on white man's God -- or that Kahuna is evil, therefore he needs to die and be forgiven, but can not be forgiven unless great white man's Christ give blood to forgive him; so Kahuna teachers put away teachings, hide from white man, and slowly teachings die from eye of white man, but still there. Believe me, your peoples owe much to man who writes book. 4:35 control departs. AUMAKUA! (The control intoned this word magnificently)

SPECIAL MEETING - August 19th, 1948. Seven persons present.

9:20 P.M. Control present, speaks: "Hello -- I have been away for so long that you don't know me. I am LO SUN YAT. I find that without practice I have difficulty in operating through the boy again. I feel my own lack of practice -- and, too, there are very distressing pains in the boy's body that keep his mind riveted on himself. So that makes it much more difficult. You were speaking of the case (fires of unknown origin) of poltergeist activity -- it is just as you suspect, but, as in so many of these cases, it is brought about by a desire of the person or persons involved in the situation."

M.L. They furnish some sort of energy that the poltergeist uses?
 "Yes, and thereby the thought is brought into action without the party committing the crime himself." Now, you are also holding this meeting to call upon the Kahunas for some information?

M.L. Yes, Max Long, who wrote the book on Huna, asked us to put some questions.

Control: "I have an idea that what you call unihipili -- it seems to me that is the thought-form. Perhaps I would make myself clearer on my ideas by saying you are using this unihipili to cure illness, to tell the boy he cannot feel pain or cause sickness any more, eh?

M.L. What we are trying to do is to get the cooperation of the unihipili -- the 'low self' -- so that the 'high self' can work through it.....
 "Very well; if you are using the cooperation of this thought, then it is a thought force, is it not? Do you not see that you can use this same force to work against someone else?

M.L. The Kahuna spoke of solidifying this thought form so that it was like a physical blow on the body of the victim.
 "I suppose they would use the same term for thought form as for unihipili, though?

M.L. I am not sure they would. We understood that they sent out servant spirits to do the work, but the Kahuna himself said they sent out thought forms which became solidified and struck a blow. I do not think it is the same as unihipili.
 "From my teaching, it seems to be the same force.

M.L. You think they probably would use the word unihipili?
 LO SUN YAT. "Of course, not knowing the language, I cannot be sure. I only reason it from logic.

M.L. Quite evidently it would be an energy projected by the 'low self.'
 "Yes; now you are saying it. You see, every race uses its white magic for black magic works. However, fortunately, it is not within the power of any priest or governing body to control the spirit of a human being to commit crimes upon his fellow man.

M.L. Can you say whether there is truth in the doctrine that the Low and Middle Selves sometimes get separated from each other -- not from the High Self -- so that the servient entities fall into the power of the Kahuna as a kind of half-being?

"No."

M.L. You do not think that takes place?

"In certain forms of insanity several things can take place, one of which can be a complete chemical change in the cells of the brain. This may cause momentary insanity, or chronic. Or one may become obsessed due to an unthinking discarnate being becoming entangled in the thought form that surrounds an individual. This individual often is filled with desire to live again in the physical body, and sometimes in his apparent resentment of your living physicians trying to cure the individual he works up a mean temper over it. Of course, you have many ways of dislodging such an unwanted being.

M.L. The mass of the data which we have, or think we have, seems to indicate that there are many spirits on your side who are quite likely to fall under the control of a here-living individual -- fall under his hypnotic control.

"There is so much that the mind of the individual helps to take place within himself by his own mental activity -- the like of which your scientists today do not comprehend, because they do not yet know the workings of the physical mind -- brain."

M.L. Occult theory is full of mentions of servient spirits who do the will of the magician; is that not so?

"For a moment I will go -- but before I go I want to tell you that there is another who wishes to speak, so be a little patient and I think everything will work out fine. (9:35 P.M.)

9:45 Control present: "Good evening! I am Professor Luntz. A special meeting tonight, and we should get some special message. But I am afraid I cannot speak any Hawaiian; but I would like to say this and perhaps to make it clear: There are three conditions out of which man comes; there are three worlds that he is immediately concerned with. Coming into this world, he lives and enjoys and suffers through a chemical life. Going out of this world, he enters into a more or less peaceful life, provided he learns a little of what life is about. When he is ready again to return, he enters into a more substantial life, from which he really has no desire to leave, and this is something on the order of the lower etheric world. It is in that lower order of the etheric world that you have the activity of the so-called 'poltergeists,' and not from the so-called lower levels of the astral world. There is one reason right there for your misunderstanding of psychic phenomena. This lower etheric world can be and often is entered by projected entities of still-living human beings, and they can create all kinds of mischief.

M.L. What did you mean a moment ago when you spoke of a man, when prepared to return to this world, entering the more substantial etheric? Do you mean that prior to reincarnation he enters the etheric?

"Yes, I do -- because it is from that world that your physical things manifest themselves.

M.L. Is this a conscious experience?

"Yes, it is. It is the individual's last period of consciousness outside of the physical body.

M.L. That is very interesting indeed. I had not heard of this theory before.

"For a long time now I have desired to tell about this, but there have been reasons for my not being able to do so. You are searching in the wrong direction and with the wrong approach to much of your so-called physical phenomena -- because it is not coming from an astral life entirely. Much more of it comes from the lower etheric world. You will please study the activity of a materialization or any physical phenomena in the seance room, and you will notice the similarity between that and the activity of poltergeists.

Dr. C. Is this experience of returning through the etheric common to all men?

"Some do not return at all. Some even go into great and lengthy periods of sleep. That is why a person often is not able to contact a departed one, because that one is in a sound sleep for some time.

Dr. C. Is that a lower or higher state of advancement?

"You can't call it either, because the mind is merely at rest. Personally, I prefer to think that consciousness -- a conscious awareness -- is higher. A state of quiescence as some reach -- if they prefer that, it is all right, but I would not desire it.

Dr. C. Is it a matter of desire on the part of the individual?

"Not always; sometimes it is a natural reaction from his physical living -- a mental condition, a deep-seated desire to escape responsibility.

M.L. There are some who never reincarnate?

"In my estimation, yes. There are many who do not desire to come back, and if they have so shaped their lives as to be able to be free themselves -- yes. It does not take a great deal of study, any extensive course, but some knowledge of what you really want.

H.F. Well, I hope I won't have to come back!

M.L. I have never met anyone who wanted to reincarnate -- a sad commentary on our way of living!

Dr. C. If it is not too personal a question, will you tell us if you would care to come back?

"I am not sure. I know that the present conditions under which I live are without words for beauty and contentment, but I still can look around me and see those who grieve greatly to get back to physical life.

So, you see, it is a personal desire -- but I rather think that, for the most part, the individual must start his wishing here on your plane if he is to accomplish the complete escape.

I.P. But with the great amount of knowledge which you have now you could do a lot of good if you came back to earth.

"The physical body is too often a detriment to the advancement of the mind, as in the simple case here of this young man -- or in the case of any real sensitive. You find that the physical distractions ruin him practically for so-called mediumship. If he could only train himself to eat properly, to sleep properly, to relax properly -- to take care of his physical self -- you could all act as go-betweens for your world and mine; and not only the two worlds, but to the other and many planes of consciousness throughout existence. Man is not a being tied to the physical world; he is all-conscious, throughout all space and all time -- because space and time consciousness lies within him. And these words are not used in pure philosophic manner, but in fact. All existence and all space and time lies within man.

M.L. You were speaking of the etheric regions -- will you talk more of that? You know probably that we are having strange sky appearances which, we have been told, originate on etheric levels. We are told there are whole races, civilizations, etc., on these levels, but there seems very little definite information on these regions.

"To me, the etheric regions are the region of life; the astral regions of what you call death is the waiting-hall. If man desires, he can leave the astral after a period of time and enter into the etheric life, and he need not come back here to your physical world if he does not wish, but he can go on to the higher realms of this etheric world. This which I term the 'etheric' is the home out of which all physical manifestations come; so it is not to be wondered at that now and then, when necessary, there are projections of various forms into your physical state of consciousness."

M.L. Would you say that the elementals, the devas, etc., live in the etheric region?

"Yes, but of a different kind. It is also not right to call it 'low' -- it is merely a different plane of existence, which Nature devised for them.

M.L. These regions interpenetrate with ours?

"Yes."

M.L. What is the nature of the ethereans?

"Just like your physical world -- not a replica, but along similar lines.

M.L. But they have not been on our plane?

"Not those on the higher etheric. I do not know but that at some time some of them may wish to enter into your plane of physical existence; but I do not think they come through your way of birth, but through projection.

Dr. C. Will you tell us more about the astral and etheric; and also why anyone should want to come back to the earth? Also, we do not understand the use of the word 'death' for astral.

"It is in my opinion a bad term; it is demoralizing to the average person -- but it is not anything like what the word implies. 'Death' -- no; it is merely a different form of living. But this door between the astral and etheric and the physical is always left open, because man so desires it. He must have channels between his worlds if he is to learn and progress in knowledge.

"It is only because the physical or chemical body seems to go through such distressing states that one often says, 'I have no desire to come back into the physical.' Now, I feel that if conditions were so that the chemical substances (?) of the body were not subject to these distressing conditions, one would enjoy physical living as much as on the other planes. It is only the desire to escape pain, want, and poverty."

M.L. No doubt; but our conditions probably never will be as good as that.

"No -- not for those at large; but after you have learned to have complete control and govern the body, then you become a joyful person on any plane of existence, because all planes do have their drawbacks and difficulties. Therefore it pays great dividends to become familiar with the physical body.

M.L. Would you say that the etheric planes we have been speaking of correspond with the 'lokas' of Oriental philosophy?

"Yes."

M.L. Are there seven or eight lokas as they say?

"Yes, there are. You see, man enters these various states of consciousness according to his desires.

M.L. But we have understood that man does not enter into the etheric at all, but into the astral?

"He does on his return, though."

M.L. He has an etheric body then?

"Yes. It is in that state of consciousness that he starts building the thought stresses for his physical manifestation.

M.L. We are also taught that on leaving this plane, the entity enters an etheric body for a short time and then it is discarded. Is that correct?

"This etheric body is discarded, but not as you think. It instantly disintegrates. There is no shell left, no period of time when it floats about aimlessly."

M.L. But there is this time when it is in an etheric body?

"Yes, but it is in this state that he often goes to sleep."

M.L. The materializations of the seance room apparently depend upon ectoplasm -- is there such a thing as ectoplasm that can be drawn from all organic matter?

"Yes."

M.L. And from inorganic matter also?

"Yes; all matter contains this."

M.L. All matter has what you would call a dynamic etheric force?

"Yes."

M.L. Is this what you would call an etheric double?

"I will ask you to excuse me now. I shall answer your question at some other time. Departs - 10:10 P.M.

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Sunday, August 22nd, 1948. Eight present.

2:45 P.M. Control present - LAO-TSE: "How do you do? I am Lao-Tse. There is a coolness in here --"

I.P. A mental coolness, or a physical?

"A physical coolness."

H.F. I did not think that would affect you in the astral.

"No, it does not affect me until I enter the boy's body. I sense the coolness through his body. That is why in all seance sittings it is best to have the temperature of the room at least 78 degrees. For physical phenomena, it would be better to have it almost around 80. Well, we are in new surroundings this afternoon and I see a great deal of sunshine."

H.F. Don't you like it?

"Oh, yes. And also some new faces. I should like to be introduced to them, if you will."

Introductions follow.

"And I am glad to see the doctor lady back again. What has kept you away?"

Dr. W. Oh, answering the telephone!

"Your modern gadgets! Now, a moment ago there was a very handsome and stalwart young man trying to speak through the boy. I understand he was from one of the Pacific Islands. Possibly he will come back and try again."

M.L. Was it lack of practice that made it impossible for him?

"Yes, it is new for him to talk through a white boy, but he is extremely excited and interested and is very happy to know that you of this race are trying to put forward his people's teachings."

M.L. He could give us information that we could not otherwise get. "It would be wonderful if you people could get the esoteric knowledge of various races of man in this way. It would be, I believe, something new and extremely good for the modern man."

M.L. We would like the Kahuna to know that interest is spreading and there are now many groups that have been formed to study their philosophy -- the Huna Research Associates, Max Long calls them.

"Yes, that is fine. From what I understand, the inner teaching of the Kahunas is very much to be found in various races all over the country -- not this particular country, but all over the world. Truth is Truth in any language, found anywhere; and as man all comes from the same source, his teachings -- the source of them -- is of the same kind."

M.L. As I understand it, you and the other communicators of your group are in basic agreement with the Kahuna teachings?

"Yes. As soon as man comes to realize that he is Man and not men, the sooner he will acquire knowledge about himself. The so-called human race has, on entering into the physical world, sort of closed the door upon the psychic world -- their true home -- and become lost. Now, the main reason for all esoteric orders, occult teachings, is that man may once again find that door and open it; because, in the ultimate, he must go back. This particular life upon this particular plane is merely an experiment among many experiments and many more to come."

Dr. C. From whence is it instigated?

"It is instigated mostly from curiosity and through a desire to learn of different states of consciousness."

P.C. By whom?

"By mankind. My dear young lady, as I have often said before, man has always been -- long before there were even any worlds; for man, indeed, made the worlds. Through the vast cosmos, through eternity, space -- man is the cause of all.

M.L. And yet, Lao-Tse, man seems to have chosen decrease and failure and limitation -- "

"That is, as I said, because he has closed the door. It is very similar to this: a man goes to bed, goes to sleep, he closes the door upon his physical life, entering into what you call the dream-world. Now he becomes lost, or hypnotized, or mesmerized, we might say, by those surroundings. The more beautiful and attractive, the more he is apt to become lost to that which is outside and apart from that. But there is always a little tie, a little string which will draw him back through discontent, or whatever it may be, to another life."

M.L. Do most people function consciously on the astral during sleep?

"No -- there is consciousness of a sort, but most consciousness is confused, blinded and without particular meaning at the time, because the individual has been taught not to give much consideration to his dream life. So, he lies down with indifference, with confused emotions wrapping him up, so that when he enters into this dream-world, in his dreams,

all that is presented before him is in a state of confusion and constant change. Now, if man trains himself to dream right, to enter this dream-world with a clear mind ----"

P.C. But how does he do that?

"Through meditation, concentration -- with force, desire, behind it. Young lady, in all life there is no force so great as desire. Have desire coupled with imagination and you have a world that is beautiful, clear, free of bodily sufferings -- because you escape the hypnosis of yourself, the hypnosis of your physical body --- "

M.L. We could train ourselves to bring sleep experiences over clearly?
"You most assuredly can if you will apply yourself to it. Also, it can solve any of your problems."

P.C. Through dreams?

"Not necessarily -- but through meditation."

J.C. There are so many different conceptions of God -- will you tell us what yours is, Lao-Tse?

"Man is God. That is a bitter pill for you to swallow, is it not? I mean consciousness; thought. Thought, as far as man can find out, is the ultimate of all things. Out of thought comes all. Without thought there is nothing. You cannot attain any approach to life without thought."

You will find the God of thought one that will answer your prayers; that will expand your life; that will give all that you want if you truly desire it -- for He made the world."

J.C. What about prayer -- what is the right prayer, the right approach to it?

"The right approach to prayer is meditation with desire. The very moment you say 'I wish -- ' you have made a prayer and you may have to live by it. You do not have to get on your knees and go through a lot of flattery and flowery language -- "

J.C. But we cannot just ask for anything -- a new car, for instance?

"Yes, you can -- if you really want it. Many people say they want something -- a new car -- did you call it?"

Dr. C. Emerson said, "Be careful what you wish; you may get it."

"That is exactly my opinion. Merely to say, 'I want a certain thing,' is not necessarily a prayer -- you must really desire it."

Dr. C. Can hypnosis be considered one of the avenues of approach through which man may learn more about his real self?

"Hypnosis -- either by oneself or by an outside agent -- is of little value unless there is purpose behind it. So, if you are looking to find knowledge, you can find much by either of those methods -- self-hypnosis or by an agent. Man knows all; he truly knows all -- because he is in constant contact with the Great Mind, the Great Cosmic Mind."

"When you use hypnosis on people, you open the door for them. When they use it on themselves, they do the work for themselves. But, you know, so much of your outer life is illusory -- so you have to be careful of your day-dreaming, which is a form of self-hypnosis, your wishful thinking, and also your outer hypnosis by another."

Dr. C. Could deep meditation be considered a form of self-hypnosis?

"In a way, yes -- but the results show it to be different. There are many kinds of self-hypnosis - dissociation of the mind. Under proper directions and care and training, much can be learned. To free yourself from the belief of your immediate surroundings and let your mind wander off into what you call space and time --- "

Dr. C. Could that be called trance-mediumship?

"Yes, because that is one of the methods we use to gain control of the boy's mind, or any medium's mind."

M.L. Can memory of past incarnations be relived under hypnosis?

"Yes, indeed. Not only can an individual be taken back thirty or forty years of his present physical life, but he can be taken back and see into his other lives."

Dr. C. Does he, himself, see it, or the hypnotizing agent?

"He sees it. In fact, as soon as he goes under the spell he is living in past experience. I should have pointed out, of course, that there is no such thing as space or time. When you say you take him or her back to two or three or ten years of age, that is an illusion, a belief in the passing of time. Time does not pass. If it does, I would like to have you tell me how time passes."

M.L. A good deal has been said along that line in the past few years -- but how do you express the passing of a period of time? Is it a different level of consciousness?

"That is correct. When the agent says 'You are going back to such and such a time,' immediately his thought becomes dissociated from his present surroundings and beliefs and becomes focused on the former time and scenes."

M.L. Can the scenes of his former life be said to exist somewhere else -- in the Akashic records, as we say?

"That is something that is extremely difficult to answer, because -- just stop and think a moment -- in reality there being no time and space, there being only thought, it is only in thought that the individual lived at such and such a time. The rest of it was illusion, not an actuality. So his experience could not be in space and time, but only in thought. Of course, that is a disconcerting answer, but that is all there is. "

P.C. Has there always been thought?

"Of course. As I said, that is all there is."

P.C. Will any of us, when we pass over, be able to do what you are doing now, or must there be special learning on your side?

"this I am doing now is merely my impression over the boy's thought. You do not have to wait until you pass on and divest yourself of your body and sail (?) around in what you call space and time. When you leave the physical body, you are very much as you are now, only you have more freedom -- more freedom of thought and complete activity in thought."

P.C. But what do you do with your thoughts -- besides conversing with us?

"I live a life that is much the same as before. My efforts have been, on entering upon the astral life as before -- to help my fellow-man, both on your plane of consciousness and on mine.

P.C. There do not seem to be many people interested in doing that.

"Perhaps not - but there is much for all to learn, much to read, many places to go, much beauty to be enjoyed, in all states of consciousness."

P.C. Do you read over there?

"Yes."

P.C. Things written here?

"No, not necessarily; because all the things written there begin on our side. The writer on your side is often influenced on our side."

P.C. When a person writing a book imagines the scene, say, five hundred years back, does someone over there help?

"Yes, we do. You see, much of your Bible was put together in that way. Also - to mention another great work - the Shakespearian works were given from our side, but put down in black and white by the man Shakespeare."

Dr. W. What was his name, his real name?

"Look back in the boy's writings (the medium's) and you will find much on this subject."

I.P. Yes; I remember that Lingford told us that Shakespeare's real name was 'Ludlow.' Shakespeare was his mother's name.

M.L. While we are speaking on books, can you tell us anything of - - "
"Oahspe?"

M.L. Yes -- how did you pick that up?

"Now, I am going to ask you to excuse me for awhile. I will be back later and talk to you on that subject." 3:30 P.M.

4:28 P.M. New control: "Good afternoon. It has been a long time since I have been here. I am Theresa Vandenberg, and I am very pleased to be here again. I do not seem to know many of those here. I would be glad to meet them all." (Introductions). "Thank you. I never saw so many happy faces! I am glad to know you all. Janet, I know of something you are experimenting with. I would like to help you and I will at some other time." (To Dr. W.) "A lady doctor! It was very unusual to have women doctors when I was there. What kind of glasses do you have on, doctor?"

Dr. W. They are called 'mirror glasses.' They cut down the glare. I can see through them, but you can't see my eyes back of them. "Wonders will never cease!"

Dr. W. They are a new invention. An Austrian, I think, invented them. "Well, you can thank God for the wonderful minds that are continually working to help you through the power of God. I see so much advancement in your world today in comparison with conditions when I was there. But of course I have learned to do a little philosophizing myself in the past years, and now I see that no generation is really advanced beyond another. Each generation does the things and makes the inventions needed at that particular time. So the things of today are suited to today. Tomorrow they will be different. That is the way man grows."

Dr. C. You say you are from Brooklyn? Do you remember the Sacred Heart Church?

"That was a wonderful church in my day, and I used to think it was the one and only, handed down by our Lord and Master, Christ. But, just before I passed over, I began to study a little philosophy and to learn of other things and get away from the tyranny of the church in that connection, and do what I wanted to do rather than only what they told me to do."

Dr. C. I have read your earlier communications in one of the Meade Layne publications.

"Yes, the good doctor here is doing so much in putting out information of real usefulness in his magazines, instead of the fuddy-duddy things of so much of the press -- which aim only to entertain and not to teach. I am only sorry that I did not study more of life before giving myself to the church."

Dr. C. Are the Protestants any broader minded than the Catholics?

"Some of them seem very narrow, too.

"Yes, my! my! -- but people are learning, all over the world and in all religions, but the persons of authority in all religions still wish to hold that authority and to keep people in the darkness of ignorance. The Catholic religion was my whole life -- I wanted to give my life to Christ, thereby believing I would gain a wonderful heaven when I left earthly life -- but, toh! toh! such was not the case."

M.L. Do you come to many of our meetings?

"Oh, yes. Today I see here a very distinguished philosopher on our side, and I think he may take over when I leave. And there is also a grey-haired gentleman who calls himself 'Professor Luntz.' I think we will not hold the meeting too long, because I sense that some of you are anxious to get away for other engagements."

M.L. We are much interested in what you have to say.

"Thank you. I only wish I could have taught the truths I now know to the little children I taught when there."

J.C. What is your conception of God?

"My child, in describing God one is trying to do the impossible."

J.C. But what is your own conception of Him?

"Well, I have learned -- I am happy to have learned, that this force -- for I believe it to be a force, (and I do not mean to belittle it by that, but to give you the idea of what it actually is) -- it is the absolute; and what are you going to say about the absolute? There is nothing you can say about the absolute. You pray, with desire, and as you desire, you will receive.

"There is a freedom which words cannot describe once you understand the broadness, the endlessness to life, the glory. You, my dear, do not sit there alone, you do not walk alone. You are aware, -- your consciousness is aware -- of all life on all planes. It is a matter of being able to attune or adjust your mind to that which you wish to know.

J.C. How do you do that?

H.F. Through Meditation?

"I can only use those words, but I will have to leave it to my leaders to describe what is meant by meditation."

I.P. to J.C. That is Theresa Vanderheusen -- a Catholic nun --

"Please -- I am sort of vain, I guess -- the name is Vandenberg. To H.F. I would love it if you would be so kind as to bring your little Catholic friend to a meeting here, so I can talk to her personally."

4:40 P.M. Control departs.

4:41 "Good afternoon, I am Professor Luntz; before I start talking in general terms I would like to talk to this gentleman over here (to R.V.) You, sir, are in something of a quandary"...(Telephone rings)"That is all right. Fortunately I am now an old hand at communicating; otherwise I would have jumped out of the body. Any sudden noise causes a constriction of the nerves under these conditions. You see, during a trance control, there is quite a little extension of the psychic body of the medium, and noises will suddenly cause that to snap back into the physical body. It acts something like a blow to the stomach. I will come back to that later. Now, to you sir, -- you are unhappy and unsettled of mind -- at least, that is what I get. If you have a problem, something in which I might be of help to you, sir, I will be only too happy to make suggestions.

M.L. Are the beings in the sky-craft from the lower etheric?

"No, those you see come from the higher etheric, but they come through the lower etheric. Those from the higher etheric have never entered the physical world by birth, but from one of the oldest ways -- as I believe man originally did -- by materializing himself on this physical plane. He made many other experiments on coming into this world."

I.P. What I got was about the same thing, was it not, when they explained?

"Yes, it was. You are referring to a book called 'The Rise and Fall of Man,' which was to have come through in to your plane?"

I.P. Lingford started to write a synopsis of it ...

"If you people would like the entire book on this thing, you must give free mind to the boy and tell the boy he can write it himself. We can do it through him; we do not need a highly educated person."

"What is the name of the young lady there?"

P.C. I am Pat Cairns.

"'Pat' -- a fine Irish name, eh?"

P.C. Yes -- I am of Scotch-Irish ancestry.

"I am happy to meet you. I am German. But, as a matter of fact, you are not Scotch or Irish, and I am not German. That is the little device which puts a barrier between human beings. We are mind; you are mind, and I am mind -- and if you will remember that, you can converse with any man of any race or station at any time and feel his equal -- no matter what his nationality or learning.

"You might possibly like to develop the psychic power latent within you; you have it -- clairaudience."

P.C. What shall I do to develop it?

"Will you do so if I tell you?"

P.C. I should love to try it.

"You lie down; concentrate your mind, merely upon the inner lids of your eyes, as though you were trying to see outside of your closed eyes. Ask your question -- whatever you would like to know -- and concentrate on the inner lids of your eyes, and listen. If you hear any other voice speaking of things apart from that which you asked, do not listen. Open your eyes again, and try once more. Reject all other voices that speak of things other than what you asked; you understand?"

P.C. You mean, keep on opening and closing the eyes until I hear an answer to what I want?

"Yes; you must do that or you may open yourself to obsession. Then you will hear voices, night and day, and will not be able to shut them off."

P.C. laughs nervously.

"It is not something to laugh about, my dear."

P.C. I know -- I think I was really frightened.

"Yes -- I know -- but I only want you to be careful. So, remember; choose any sort of question you wish, but don't listen to any other voices other than in answer to your question. Then you need not be afraid."

P.C. Janet has been trying to get some automatic writing --

"Yes, and I want to say the same thing to you, Janet, as to Pat. Be careful. You are working with an unknown quantity, an unknown force. Do not take it lightly."

J.C. Would it be better to drop it altogether?

"No -- nothing is to be gained by fear."

J.C. I am not really afraid.

"There is a saying, 'Fools rush in where angels fear to tread' --

J.C. I guess I'm a fool, eh?

"No, I did not mean that you should fear, but only be careful. Take your pencil, but as soon as you hear anything that is disconcerting, stop!"

J.C. Do you know what happened last night?

"There are many spirit entities, or people, as we much prefer to be called -- there are many who would wish to deceive you, and you have no way of knowing the facts but by the slow process of learning. That is all the advice I give."

I.P. How often should one try to get messages?

"For the beginner, I think once a week for the first month; then twice a week."

Control: "Dissociation of the mind of the self-hypnotized one and the one who is hypnotized by someone else are entirely different. Sleep is another such state. It is self-induced, but different. In hypnotizing a person to make a so-called go-between or medium -- I am afraid it will not work very successfully, doctor. The individual himself has not yet learned how to give himself over mentally to the control. Do you understand how that could be so?"

Dr. C. I think I could understand the possibility. In this particular case the lady is highly mediumistic, and at one time was capable of trance mediumship. She is now very anxious to regain it. She and her husband have discussed it and I have been asked to help. She is an easy hypnotic subject.

Prof. Luntz: "Under those conditions you could probably lend her a great deal of aid, because she is already a knower; her mind already knows how. What has happened to prevent her successful mediumship is the sudden forgetting of how to let go. If you explain to her under hypnosis that her abilities as a medium haven't changed -- that she will have them back when she comes out of her trance, I believe you will have accomplished the deed quite well."

Dr. C. Thank you; that is a perfectly safe procedure?

"Yes, because she is already a medium. If she were not a medium I would not suggest it. Now I think I will go for awhile.

5:15 P.M.

5:16 P.M. New control: LAO-TSE: "Doctor Layne, you can leave when you wish. I know you must leave early. We can come back to the subject of Oahspe another time. If there are any pressing questions I can answer in a short time, I will be glad to try."

M.L. We would like to know what bacterio-phage is -- how it grows; also how the electro current flows in a cell?

"I think it would be better if you put those questions to Luntz. He knows more about those matters. They sound like interesting questions."

I.P. Did you hear Professor Luntz say that Mark could take down the book, "The Rise and Fall of Man?" Have you any advice concerning that? "At the proper time I will undertake whatever is to be done. Now, Dr. W., I think you had your question answered by Professor Luntz as to how to get what you want in sleep. He spoke to this young lady about gazing at the back of her eyelids, asking her question, concentrating and listening. Now, not always will you hear a voice. Sometimes you will see places, scenes, symbols; sometimes you will hear conversations -- you will perhaps hear people speaking of body stresses, and the other things you know of. I feel sure that you will apply yourself in that way, you will get answers. If I am not entirely clear, I will try to come back and give you a little written note to explain more.

"I always endeavor to encourage the medical world and the scientific world -- people in those fields -- to come here, because it is only through those types of mind that this sort of thing can be put over to the man in the streets. When the educated people find out for themselves whether the things they hear in these meetings are true or false -- that is the only way in which we can get them over. These meetings are going to grow. They are going to be of great help. They must be.

H.F. Did you know of the group, headed by Dr. Elmer Sperry and other scientists who worked through the New York medium in 1940 -- trying, I think, to bring through some new healing technique by the use of light? "No, I did not -- but I should like to speak of light. I believe you were talking awhile ago about taking photographs of those who have passed over, and how to do it. Your scientists do not fully understand light and its many phases of expression. When an individual sits for what you call a psychic photograph, it is thought that possibly the

entity uses the little space inside the box -- no. That entity is standing close to the loved one here, out there in what you call space and time. What happens is a drawing down around him of particles of light. That is something I wish to talk further on, so I may explain myself more fully. It is an extremely technical subject; perhaps we had better not take the time now.

"Before I go, I wish to say that you will find a very nice place to hold the future meetings, so be happy, be of good cheer, and all things will come to you.

H.F. It is a great comfort to know we have your cooperation and help; we can't do without you now!

"It is my humble opinion that I can't do without you now, either. Now, good afternoon.

5:26 P.M.

5:27 P.M. New control: "I am ARAKASHI. I am very joyful to get in just one minute before you all rush out the door."

I.P. We miss you when You are not here.

"Yes, and we miss you. It is wonderful to have hands across the borderland. Thank your God as you see Him, and I thank mine. Dr. Layne, there are so many other things to talk about that if you have any other mediums, we shall be glad to have them."

Dr. C. Dr. Layne has gone; he had to leave early.

"How can he be gone when I see him there?"

H.F. Perhaps he is thinking of us and wishing he were here with us.

"Yes -- now I see. Evidently we leave a reflection when we go."

Dr. W. You were speaking of other mediums; do you know of any other?

"Yes. In this city you have three young ladies who are not Americans -- the Morantes. May I say in all sincerity and without any wish to cast any reflections that they are wasting their wonderful abilities with the type of meeting they are having. Let us commit what you Americans call a little sabotage and bring them over to the meetings here. Because, my friends, this psychic force is being wasted, and there are not enough doorways for us to come through and tell of the things that are so important to mankind.

I.P. We have asked them to come, but they say they can't arrange it.

"Well then, let us do as Mahomet and go to the mountain. Let us go to them."

Dr. C. We will if that can be arranged, but they are very closely chaperoned.

Dr. W. And their seances are held in Spanish for the most part.

"That is like my speaking in my own tongue to you. There is nothing to be gained by it; so we will try to arrange something. I do not know their namesthe one with the big nose, who is she? She is the best medium."

Dr. W. That is Lupe, but she is not the best. Carmen, the married sister, is the best of the three.

"You think so? No -- it is only a matter of my opinion, but I think Lupe is the best."

Dr. C. Can you explain the difference in the powers of the three?

"There you have concentrated forces working through a blood tie. You will find that these three girls are pretty much the same in many directions. Whatever affects one will affect the others. So they attract the same psychic force in three different grades of it."

H.F. And you think that Lupe attracts the better vibration?

"Yes, she attracts the more intelligent."

Dr. C. What about Mary Louise?

"Yes -- I think I see her -- a little girl with flashing white teeth? This girl has an uninhibited mischievous nature, and she will attract that type. Now, these could be removed from her by a little effort and she could have intelligent controls. There is no point in allowing the human body to be controlled by an imbecilic person. It is dangerous too. The first time that this girl receives a shock of any kind, that imbecilic force may take over for good."

Dr. W. What kind of shock?

"Almost any kind -- grief, fright, etc."

Dr. C. In the case of obsession, is a shock sometimes successful in dislodging the obsessing entity?

"Yes, but it will not be lasting unless the entity is first reasoned with. There is no sense in blasting the obsessing entity out until he has been reasoned with and told of the folly of his ways."

Dr. C. That is where hypnotism might help?

"Yes."

5:40 Control departs.

* * *

SEANCE MEMORANDA from the

INNER CIRCLE

through Mark Probert, medium

PART 10

Sept. 5, 1948 -- Oct. 17, 1948

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* * *

Sunday, September 5, 1948. At 917 - 10th St., San Diego, California.
(18 persons present).

(8:45 P.M.) Control, Lao-Tse:

"Good evening! I see you are in new and very lovely surroundings - a happy room. And I see that there are some new faces also. That is fine. New faces mean new minds; and new minds mean new thoughts. You have to turn over minds like you do earth in order to make new plants, new growth. Now, I am hoping this meeting will be of some value. I am at your service, Doctor, if there is anything you wish to talk about."

(M.L.: I believe you said at our last meeting that you would say something to us about spirit photography and the nature of light).

"Yes, I will attempt to speak a little about it. In spirit photography it has been thought by many that the entity in some manner uses the camera box as a dark-room. No -- the entity is standing where he was photographed, but in order for himself to get in the picture he must have light; but he must use a different kind of light than your earth light. So he mentally draws around himself a light curtain, which of course is made by thought, but nevertheless is substantial enough and bright enough to be used to photograph himself with. As I have said, there are worlds within worlds, and there is light within light."

(M.L.: Are we to understand that the entity surrounds himself with an envelope of an etheric radiation?)

"Yes, that is exactly what I mean."

(M.L.: And the effect is to make his form register on the film in the camera?)

"Yes."

(M.L.: But we have sometimes six or more white figures showing up as what we call spirit-forms on a film; does each one take that kind of action?)

"Yes, they do. You have noticed, have you not, that the substance glows? That is thought-light."

(Dr. C.: Will you speak of the conditions necessary on our part?)

"Spirit photography, like all other psychic phenomena, is an individual activity, an individual idea. It is given, or born -- if you wish -- in the medium; or in the course of years developed. If you think that it is something everyone has, I wish to differ with you. There are many who spend years trying -- and they should be blessed for their

efforts, even if they fail. They are trying to make an open door for us who have departed from your vision, and we are deeply grateful."

(Dr. C.: Must the photographer have a special gift?)

"No -- the medium must. The photographer may not know anything of it."

(M.L.: What does the medium furnish -- ectoplasm?)

"Yes, it requires a certain frame of mind which sets in motion a chemical that exudes from the body -- not only through the stomach or through the mouth does the ectoplasm come, but it comes from all over the body."

(Mrs. St.J.: What is this ectoplasm?)

"It is a substance that radiates light, cold light, you may call it."

(Mrs. St.J.: Does the ectoplasm come out of the pores like perspiration?)

"Yes, it comes out all over the body, and in many grades."

(M.L.: When we photograph an elemental, is the process the same?)

"Yes, he too must use the substance. The little beings that you see around plants are using that substance from the plant. It is a life force; all things have it and all things exude it, in different degrees."

(M.L.: This picture I am holding shows many fairies with a little girl. It was taken by Conan Doyle. I do not know if you can see it.)

"Yes, indeed. The little girl is an extremely good soul; a fine little person with a wonderful imagination. The little creatures would naturally be attracted to her. Some of them, you will notice, have two heads. One thing you want to understand is that all is energy; all is active force -- that is, life. This sort of thing seems strange to you, but it is only another activity of life. Life is constantly putting forward forms, taking new forms, and taking forms away."

(M.L.: We make photographs of thought-forms -- are these little beings thought-forms?)

"No, they are not. I think you have a method of holding a plate to the head and getting pictures. Once more I say it is mind substance. It is light. And it can be made to act upon your so-called physical things. You will notice in this sort of picture that the faces and forms seem to be woven into the material -- and, in truth, they are. For they have settled into the substance of the card or plate, into the material itself -- for the simple reason that the card or plate is not at all what you think it is."

(Does the change affect the entity at all after the print is made?)

"It depends upon the strength of the medium, the condition of his or her mind, and the strength of the entity. Now, excuse me, please."

(9:10 P.M.) Control, Lingford:

"Don't worry, Irene,* you are quite all right. You are a very good battery. You have excellent power for us to draw upon. Under proper conditions you could become a materializing medium."

(I.P.: So I have been told before. I am all right -- don't worry about me.)

"No, I am not worrying at all. I can see a good deal from this side, and I have learned never to worry about women. The little darlings can take care of themselves; it's the men who need to be protected!"

"A few nights ago I made a contact with you and the boy (the medium) and talked about the Russo-American situation. As I said, if you are really interested in politics -- personally, I don't think it is a good thing for you to be too much concerned about them -- Tito is a man to be watched. He is going to, if he can, take over the throne from the royally-mustached Stalin -- and, believe me, he is going to do all within his power to become ruler of the Russian people. If Stalin does not die a natural death in a short time, Tito's men will help him out a little. This man should be watched. He is far more intelligent and more crafty and foxy even than Stalin. So keep your eye on his actions. He is going to 'play ball' with the Western countries, and that will mean a vast change in Russia. I can see that things are really going to break wide open before too long. Tito will also 'play ball' in the matter of religion. This will give him a larger backing."

(HPF: Is he a hypocrite in all this?)

"Yes -- he is a schemer of the first water. All of this is merely to calm their fears. He will pretend to be 'playing ball,' but that is the time to look out, because he is not 'playing ball.' But enough of the mournful side of things and man's stupidity! Let us turn to something more elevating and which we can understand better than the insanity of political leaders."

(M.L.: Tell us about your own affairs on that side.)

(Dr. C.: Why are we human beings so intensely interested in conditions in a future state of being?)

* (The medium's wife. She sometimes passes into a trance-like sleep during the seances.)

"Partly curiosity, partly fear of the unknown. Now, we may not admit this, but even animals fear death, because they do not know what they are to meet up with. In spite of all your psychio phenomena and your wonderful experiences, personally and in groups, you have that little uncertainty in your hearts. And I can't blame you, for this sort of thing is difficult to hang onto. There is no real measuring stick. It is still an unknown quantity."

(Dr. C.: You mean you have the same uncertain feeling as we do?)

"No, I am not referring to myself, although we do look forward to a change so that we may go on to another stage of consciousness; and that is all your physical death is -- a change of consciousness, of awareness."

(Mrs. St.J.: Can we do anything to gain that awareness here, so that we can see in your dimension?)

"Yes, it can be attained through meditation, through deep concentration, through projection if you know how to get out of your physical body, but I would not advise doing so promiscuously unless you know how to return to it, unless you know your way around on the astral plane, for you will meet many unfamiliar things and step into a world that is unknown to you."

(Mrs. St.J.: Do we not in this life sometimes get glimpses of it?)

"Yes, and it is those glimpses that call us on, like will-o'-the-wisps. Every plane has its drawbacks, and if you are not prepared to meet them, it will be very shocking to you, very disconcerting."

(Mrs. St.J.: Then you would advise study of it?)

"Yes -- but remember this: no matter what you study, what you learn, things will be different."

(M.L.: You agree with the Rajah Natcha, then, that all one can do is to be prepared to take the unexpected with equanimity?)

"Yes, that is exactly what I would say. So many people think they are going to find things as they have read of them in books and as they have been told -- but no ---"

(Mr. McA.: When we come into this world as babies, we have help from our parents and others -- do we have help in the same way when we pass into the other world?)

"Well, babies who pass on early are, like all children, well taken care of. They have the best of everything. But adults through their years of thinking, their years of living, have built a mental picture

for themselves; they have prepared a mental condition for themselves when they step out of physical life. In some cases, the newly-departed soul or entity finds himself utterly alone. But this condition is generally brought about by extreme ill-living -- a criminal mind who has preyed upon his fellowman. He finds himself utterly alone for a long period of time. But, even so, in due course, he is led out of the darkness and aloneness and comes once more into the light of living and comradeship with his fellowman. It is my belief that there is no human being, no matter how degraded he may seem to you on earth, who has not the opportunity to work out of his condition in time."

(Mr. McA.: Inasmuch as it appears that few or none of our books teach us the truth about the hereafter in a way we can understand-- would it be better to go over with no preconceived ideas?)

"No, sir, I think it is better to study, to seek to learn. You may not learn all, but you will learn bits of truth, and that truth will be helpful. A man who has not learned something about life and death has wasted his time on earth. To experience all things -- that is the way to learn. You on the earth have to do the same as you will over here. You have to live, and that means to experience, to experiment, to try, and thus to learn."

(Mrs. St.J.: Each book gives different ideas; is not everyone's experience a little different?)

"Yes, that is why every man must of necessity seek his own truth."

(Mrs. St.J.: So we must be tolerant with other people?)

"Yes. Love, compassion, understanding -- if you do not understand your neighbor, how are you going to love him? You must understand that each one of us who walks the earth is living and acting in emotion. And every person has the same set of emotions, but they are acting just a little different in each one of us. Yet, remember, what hurts one will hurt all the others."

(Dr. C.: Could we ask for a certain individual to speak to us? I have had through another medium, a communication from General Joseph Stilwell; could we have a repetition of his communication from you?)

"I will try to arrange it. Stilwell? The man who was in the Burma jungle and in China? Has he come over here?"

(Dr. C.: Yes. I served with him and know him well. He was a student of psychic phenomena, as I found out later.)

"H-m-m -- a man worth knowing. I will try to bring him -- perhaps to our next meeting..... Many people think that because a mother or

father or some other close relative has passed over, when they themselves pass over they will meet that one. Not always. You seem to think that this family love will be all that is necessary. It will be, indeed, if that love is strong enough to attract, but only then-- if the two entities have something in common in the essence of things. Nature does not recognize family emotions; otherwise a man or woman would not be able to pass out of the physical body. They would be kept back by mental force of the one who so strongly loves them. Nature, fortunately, does not work that way. I think I have talked enough now, so thank you and goodbye." (9:39 P.M.)

(9:40 P.M.) Control, Arakashi:

"Good evening. This is a lovely room, and we are very grateful to the lady and gentleman who are permitting us to come into their home. (Arakashi chants a few words in his native Hindu tongue.) I bring blessings to this room. Meetings like this one should be carried on nightly all over your beautiful country. There is so much to learn."

(M.L.: Many are carried on, but quietly. They are still held in disrepute in our country.)

"Tck, tck! There is so much that is taken for granted that has not as much proof as survival! But I have not come this evening to worry you on such subjects; they have no doubt been hashed over many, many times. If any of you have anything in mind to talk about, I am listening."

(J.G.: You have spoken of the first death of our physical life; is there such a thing as a second death?)

"Yes, but no more to be feared than is the first death. For it is nothing but a change of consciousness -- of conscious awareness. If man understood himself better, he could stay in the physical body, or on the astral plane, or any of the planes, as long as he himself desired. Because, while still in the physical body, man has the machine in himself that enables him to contact all planes. Man, in short, is everywhere present, everywhere conscious -- but he has not learned how to reach out throughout eternity and space. Man, you see, conceives of himself as a physical being; but there is physical substance on all planes -- because man is thought, and thought is everywhere, in everything, as a sponge is full of sand and water -- he is in and throughout all. But I can readily see how such philosophical statements can be disconcerting."

(M.L.: A double seems to have a consciousness of its own, operating often in a distant place, but we do not understand what is the link between the brain consciousness and the double.)

"I do not know that I can express it so that I will paint a comprehensive picture, but I will try. Since man is thought, he is not grounded

to the so-called physical structure, but through this he can project many bodies. Because he thinks, he attracts the life-force, which is dynamic, and can take on any form that he desires. Do you recall a meeting we had some time ago when I said that necessity is the hub of life, the need and the desire? So it is with all things, including projections."

(M.L.: Does the projected double have a consciousness of its own?)

Control Arakashi: "Yes, it thinks of itself as I -- I am --because consciousness is no more, and no less, in the projected double than it is in the individual here."

(M.L.: It is operating on its own time-scheme that does not conflict with the man in the physical body?)

"Yes, it does conflict, without his knowing it. Something has been in his mind, troubling him, but he puts it away, wishing something could be done about that situation, but not knowing what to do. He turns it over in his mind, and when his mind has reached a certain point of pressure, a projection takes place, and that projection will go out and see what is to be done. When it returns, the man says, 'Now I know what to do,' not realizing that it was the projection."

(M.L.: Can we have a kind of quantum theory of consciousness, so that the energy flow of the consciousness is really particulate or atomic?)

"Yes."

(M.L.: If you say "Yes" to that, Arakashi, we have the possibility of a whole new approach to many psychological concepts.)

"Yes, and that would take more time than we have today."

(M.L.: But is that concept valid?)

"Yes, it is entirely valid. Like so many things that you do not seem to grasp, it is the time point: there can be a now for you now, but there is still another state of consciousness that is also now but different from what you call time."

(Dr. C: Is there a chance of pseudo-projection? Can we sometimes be mistaken as to whether there has been a projection?)

"Yes, the individual can fool himself, because there is consciousness that can go out without forming a body. So he has not really fooled himself, because there has been a projection, but a projection of energy, not a body."

(Mrs. McA.: That kind of projection could be made at will, then?)

Control Arakashi: "Yes, it could."

(M.L.: Do you know any such thing as a continuum?)

"All energy on my side is not what you would call particulate."

(M.L.: Can you explain further -- does not our quantum theory apply as you know it?)

"No, I would say not I don't know how I can put it into words."

(Mr. McA.: Could you say there is an infinity of 'nows'?)

"Yes, indeed. You have said something very true..... When an individual says 'now', he is only saying 'now' for himself. In reality -- try to picture this -- each one of you, each one of us on this side, is building illusions, either solidified or not, but still illusions of what we call life. We are building, in other words, what is necessary for our particular now. That makes endless 'nows.'"

(Mr. McA.: There is an individual now for each person?)

"Yes, and many nows for that person."

(M.L.: Arakashi, you on your plane can draw a right triangle, I assume. Suppose you draw a triangle with base and side of two units-- can you measure the hypotenuse of the triangle? You see the difficulty: the hypotenuse is equal to the square root of eight -- but we cannot draw a line equal to the hypotenuse because our mathematics cannot deal in a continuous medium; but can you not do so?)

"I wonder if the inability to divide matter would not prevent it on any plane of consciousness? The endless division that is to be found would, in my opinion, keep that from taking place."

(M.L.: But I understood you to say that the quantum theory did not apply to energy as you know it. We do not differentiate basically between matter and energy. Pass up the question if it is too involved.)

"Just one thing: on every plane that you reach on going away from so-called earth-life you will find it less particulate in nature. On coming back, you will find it more so as you come down into physical life."

(M.L.: Does that suggest to you that you would come out at a continuum?)

"Yes."

(Mr. McA.: The matter of the next plane, we understand, is of a finer grade, but the mechanical laws that govern our world do not obtain in the next plane? Or do they apply in a different way?)

Control Arakashi: "Yes, in a different way. If energy or matter on our side of life were not particulate, we could not then pass through your physical substance. We could not come into your room then, except as you do."

(Mr. McA.: It is fourth dimensional then?)

"Yes, that is the best way to express it."

(Mr. McA.: On your plane the mind can move more quickly, in a shorter space of time?)

"Yes. It has to be brought down to your physical laws -- yet, in a peculiar manner there is an affinity between all worlds."

(M.L.: Do you have gravity on your plane? If you let go of something would it drop?)

(Mr. McA.: Yes, if you wanted it to.)

"That is exactly right. If you did not want it to fall, it would not. On my plane the mind has complete action. It has complete hold on the energy, the substance of life. Man is a god; he has made all, has control of all -- but he does not realize it. I am afraid the orthodox religionists might cut your throat for saying that! You speak of love, and yet you will find that same state of mind where a person tries to defend his God, not realizing that God needs no defense. Now, good evening." (10:05 P.M. -- Arakashi departs.)

(September 12, 1948 -- at 917 10th St., San Diego, California)
7 persons present.

(2:58 P.M.) New control -- temple dancer. Goes through usual graceful motions with hands and arms, chanting E-YA-TA meanwhile, which he explains is designed to exorcise the bad vibrations and invoke the Cosmic Power. He ends with, "Peace, joy and love of the Great Creative Force to all of you." (3:15 - withdraws).

(3:16 P.M.) Control Lao-Tse: "Good afternoon. I am Lao-Tse. I have been listening to what was going on here and I see a lot of disturbance and mental creation put forth to make stumbling blocks in our way."

(M.L.: Then there is something to this talk of someone trying to interfere?)

Control Lao-Tse: "Oh, yes. And I think you will probably have much more of it in the future."

(I.P.: What has brought it about so suddenly?)

"Probably envy and a misconceived idea on the part of this man as to what constitutes the proper and beautiful side of occult work."

(I.P.: Is he an acquaintance?)

"No, he is just a student of occultism who has, for some reason, conceived the idea that what is going on down here is not good, so he is trying to form an astral block. No, he does not know anyone here personally; he has heard of the work through the publications. It would be just as well to let it go and turn to talking of things that are worthwhile. I see that we have a couple of young men here, and I should be honored to answer, if I can, any questions you young gentlemen wish to put forward. So, let us clear our minds and not think more of the disturbance."

(DKB: Can you tell me more of my work and this religious aspect I have in mind? It is my belief that I have been taught from childhood from 'the other side' -- am I on the right path?)

"From what I can see of your aura, your etheric body, your mental vibrations, I would say you are indeed on the path. I would also say that you should stay on that path. Now, religion is man's only open path to himself. Through emotion you learn to comprehend the mystical side of life much better than through pure reason."

(DKB: Is that why so many people come to me for help?)

"Yes, you will find that when you get onto this path, the inner side, the occult side, you will never get off it again. No matter how much you may wish to get off it for one reason or another, you will find that you always go back to it. Because it is the path that will lead you to the subjective understanding of life that is you."

(DKB: Am I right in thinking that people like me?)

"There is a form of attraction that people in this field work up in themselves, and this is the force that causes others to come to you without your seeking, and to like you. Because it is a force of understanding, of liking for your fellowman. Some have misconstrued this force as what is called 'appeal,' or what you Americans call 'sex appeal.' It is a strong force and will become stronger as you gather more understanding. It can also be turned on yourself to heal your own sicknesses -- as you know. So, I would advise you -- though I do not think I need to, sir -- to go on. When your physical life ends, you will find that through these particular studies you will have

made things easier for yourself when you come into the next state of consciousness. But you will have to be able to meet whatever comes your way without excitement or dismay. If you can do that, you are well along the path. It would be the proper thing for all human beings to adopt that form of stoicism -- of calmness -- not indifference, but calmness to life. All men, when they first come into earth life, must be taught to face whatever confronts them with steadfast mind, and understanding, and the knowledge that you are the creator of what comes before you, and so you can destroy it And now your friend here -- is there anything you would like to ask, sir?"

(R.S.: I would be glad to know anything you can tell me that I should know.)

Control Lao-Tse: "This, I believe, is the first time you have been connected with this sort of thing, is it not? Now, you -- like many, many others -- have been brought up in a particular form of religion, of teachings, and until recently have faithfully followed them, almost without question. But recently you have become mentally disturbed by the belief that there is more to life than you have been taught, so you have stopped to think -- and that is a very good thing. Now, I do not say that you should depart from the religious teachings you have had. I do not say that you should drop it and go to something else without due consideration. There probably will be many times when you will desire to go back to the teachings of your childhood. If you do so, do not be dismayed or worried. Go back until such time as your mind says again, 'Go forward.' Seek out the new thing; find out what is behind it. No man should accept anything at surface value. Get behind it and the glitter goes away. Then you see the truth, and that is more beautiful even without the glitter.

Man is a great being. He is not a slave to any teachings or traditions, except those he makes for himself. Be a free mind; be of good will; and be always seeking truth. But remember that truth is changing, so do not expect to find anything constant in life."

(J.G.: Last Sunday I asked something about the 'second death,' but I did not ask it correctly. What I wanted to ask was whether there is such a thing as being able to kill on the next plane?)

"Only when a man believes he is struggling in a war that is going on. Then when he is killed he continues to hate his enemy, and to struggle with him. Of course he cannot kill his enemy who has gone over with him. They will continue to struggle until they realize the folly of their actions. No, you cannot kill or be killed again. In black magic there is such a thing as restraining -- in white magic also -- restraining someone so that he may not become violent. Or, if you think his way is wrong and yours right, you can still imprison and hold him unless he knows how to escape those mental prisons he has been put into."

(Control Lao-Tse cont.): "As far as a second death taking place -- there is, yes, a form of death -- the same as takes place on your side, but not a dropping off of the body, but a change of consciousness. It is very much as in your earth here, in your large cities, or as in my own country, China -- one half of the city is beautiful, kept up by the wealthy class; the other half is deplorably low in moral and mental thought, as well as in physical activity. Now, if a man is living in that sort of squalor and lowness of mind, he may live in it for years and then desire suddenly to come up out of it. All he need do is move over to the other part of the city and find that his conscious awareness has changed. It is the same in death. Does that give you an idea of what I mean?"

(J.G.: You mean we can live forever, then?)

"Man has neither been born or died. Man has been what you call living forever. There is no death as you think it."

(J.G.: If you refused to eat on your plane would you starve?)

"No -- unless you think that food is necessary; otherwise not."

(J.G.: You do not have to breathe?)

"Our life over here is very like your dream-life. You have had all kinds of experiences in your dream-life; do they not seem real to you? Are you eating real food? Are you breathing real air? Are you climbing a real mountain? No, you are climbing a mind mountain; you are eating mental food. So it is on this side. On no plane is there such a thing as a solid. It is all illusion."

(M.L.: We have, as you know, those philosophic concepts, but they are not sufficiently known.)

"Yes, I am quite aware, Doctor, that all these things are well known to you, but I am speaking now to those who may not be so familiar with many philosophies, who do not know as much of the various planes. Unfortunately, words are not convenient or adequate to express the conditions from one plane to another, but to my limited knowledge, I know of no other approach, except thought. Possibly on your plane at some future time they will cease to use words and will use what you call telepathy, by the mind producing symbols; what one is thinking of will be better understood than than now. The picture will be more clear."

(M.L.: Would you care to tell us more of the etheric worlds that interpenetrate ours? We know of etheric devas, elementals, etc., but not of the people living in the etheric realms. We would like to know, for instance, of those who have originated the 'flying discs.')

"I will ask you to excuse me for a little while; I think it better that you let Professor Luntz take up that subject. I feel that he will be better able to talk on this subject than I."

(M.L.: Thank you. We are reluctant to have you go, however.)

"I shall not really go; I shall continue to be with the group." (3:45)

(Lao-Tse withdraws and the group falls into a discussion of J.C.'s experiences with orthodox preachers.)

(3:55 P.M.) Control: "Good afternoon. I am Professor Luntz. I have been listening in on your conversation and I would like to say one or two things in this connection. As you know, I was a professor of theology, but on coming over here I was at first extremely disturbed by the unexpected conditions- conditions for which no orthodox religion and few other religious teachings are equipped to prepare the earthly person so that he shall be able to meet with calmness this unusual and odd condition of life. Most of my earth life, as a teacher of theology, I firmly believed like this young man over here, who was saying that the preacher told him that unless he 'accepted' Jesus Christ as his Saviour that he would not be saved, that he would be lost. The young man on the other side of the room said very boldly -- and I wish that I had had his understanding when I was over there -- that it was a good 'selling card,' that you must believe in his brand of religion, that you must throw yourself upon Christ to be saved. Now, the question I never asked myself before coming over here was, 'How small of mind must this Christ be if he would disown you from your natural heritage of life? In what manner could he keep you from going on to a more beautiful world, a world of greater knowledge and understanding? What sort of God is it that condemns a man, a soul, to everlasting hell and suffering because he does not bow down and offer all homage and flattery to this great being called God?'

"'Let us reason together,' said Christ. 'Where two or three are gathered together, there I am.' Do you suppose he meant himself? No -- he meant the I AM. Everything is in those words, the great Consciousness, the All-Knowing, the I AM. Christ was a great Master of Life and Understanding -- not only physical life, but what people loosely call 'spiritual life.' Can you conceive for a moment of a mind that is so great and understanding condemning you because you do not comprehend life?

"All religions teach that they are the right one, they are the only path to the glory of the soul. In your Bible it says there is only one way and even a wayfaring fool shall know that way. And he will, in due course of time. But life is grand, life is vast; all is not to be learned in one physical lifetime. The advancement of the soul, the entity, the consciousness, depends upon your ability to

learn, to grasp the things best suited to you as an individual."

Control Prof. Luntz cont.: "Your Bible also says, 'Call no man your father, for your father is in heaven' -- do you think it means up there in space? No -- you will learn in due course of time, if you do not already know, that heaven, like hell, lies within yourself."

"I have spent a good deal of time studying your material, Doctor, (to M.L.) as you put it together. You are doing a wonderful work that will find its helpfulness in many directions. It is unfortunate that there are not more such writers and carriers of the torch of wisdom. I have said a few times that there is really nothing to know -- but I say that in an esoterical sense, as I am sure you understand. But I realize it is not well to make statements like that to the uninitiated, for they do not comprehend."

(I.P.: You said you wanted to tell Mr. Layne something about the book, The Rise and Fall of Man, which the 'Inner Circle' is writing through Mark.)

"Yes, a night or two ago I wrote through the boy a little about the etheric life, but it is too lengthy a subject to go into at present. I can touch upon it and that is all."

(M.L.: I made the point here a little while ago that we expect many inquiries as to the people of the etheric realms. We shall be grateful if you can tell us anything about them -- their culture, if any, etc.)

"No doubt you have seen pictures and read many stories of the 'little people,' the fairies, the nature spirits. They are of the Lower Etheric. In the Higher Etheric you will find people much like yourself, but of mightier proportions. Their bodies are much like yours in the physical plane."

(M.L.: A name is given to them?)

"Not so far as I now know. I shall have to do a little research on that."

(M.L.: It seems strange that in all the libraries of occult thought there is so little about them. Have they ever been investigated from our side?)

"Yes, by a few who know something of the deeper side of occult life. The references in writing are very few, but I think you will find some of them in India."

(M.L.: Is there any particular school in this connection?)

Control Prof. Luntz cont.: "No, because it has not yet advanced to that stage. There are only a few who know of it, and they are not speaking much of it."

(M.L.: This is an important matter, it seems to us.)

"Yes, it is. In my research in the matter I find it a most glorious world, and that all life -- your vast systems of stars and suns and what not -- spring from it. There is a great deal for me to write about, but I am sometimes almost afraid to put this matter out, because to the mind of the earth people it is so fantastic. It is, I am sure, almost incomprehensible to the mind."

(M.L.: Now that we are dealing with 'flying discs' and such etheric phenomena we will need much knowledge to answer questions.)

"I want to say one thing: This thing that your scientists have looked for and called ether does not exist in your plane or mine, but in this etheric plane."

(M.L.: But ether permeates our dense world? All ethers are particulate, not homogeneous?)

"That is one of your difficulties -- because on this particular plane of consciousness -- I mean, the etheric world -- it is not particulate as you understand that word."

(M.L.: You mean it is what we call homogeneous?)

Professor Luntz: "Yes."

(M.L.: I have asked if there is a continuum and received a flat no.)

"Because they do not know."

(M.L.: Is motion possible in a homogeneous medium?)

"Yes. What I am trying to say is that it is particulate as you view it."

(J.G.: You speak of this etheric world; is it just another plane of consciousness above yours?)

"It is not what you would call above; it is merely a different level of consciousness....."

(M.L.: There is motion and there are living entities in a continuum of energy substances?)

"Yes. When I wrote through the boy (Mark P.) about the vast symphony

orchestra of ten thousand pieces -- does that not stun your minds? What I am getting at is that there must be motion in order to play such instruments."

(M.L.: I asked that because we do not see how a continuum can move; we think only of parts moving.)

Control Prof. Luntz cont.: "Exactly so. In all states of consciousness there is motion. Without motion there is nothing. Speaking, too, of light -- light is a constant. It does not in our field, the astral or the etheric, travel at any speed, but is a constant, a constant now -- an inward vibration."

(M.L.: Our mathematics cannot take into account a continuum that moves.)

"It is an inward vibration, not an outward motion. These two, material science and metaphysics, are really one, but they seem to work against each other. Laboratory motion is more what you would call -- let me see -- motion by dots, instead of by lines; you understand?"

(M.L.: Yes -- but the subject is perhaps too vast)

(DKB: Can you tell us a little more about the dots and lines?)

"In line-motion you have a light being, or seeming to be, projected from one point to another. In dot vibration you have single bodies glowing within themselves periodically; or perhaps that would come under the quantum theory."

(DKB: The quantum theory is used in television, because of the use of the living and glowing dots -- that is what you are trying to get across?)

"It is a very difficult thing to explain."

(DKB: But it will be easier as television becomes understandable.)

"Yes, it will." (4:43 P.M. Professor Luntz withdraws.)

September 26, 1948. At 931- 26th St., San Diego, California.
(Five persons present.)

(2:35 P.M.) Control Lao-Tse: "Good afternoon. It is an honor to be back in my original home. I feel considerably more at ease here in the boy's living quarters. You have some interesting problems here this afternoon. I have heard you with a great amount of interest as you talked of your friend's letter on angels and demons and nature spirits."

(M.L.: We have had some most remarkable material from Mr. Johns, but we have not known just how to evaluate it.)

Control Lao-Tse: "Before I say much on that matter, I wish to make a statement which I have often made before -- and that is: Man is a creator, with the deepest meaning of the word. It is too obvious to deny that fact. All that is, is man's doings, man's putting forth energy by mind action. All down through the ages man has had contact and general intercourse with both the good and the so-called evil forces."

(M.L.: This creative power of man constantly poses for us a problem-- how to distinguish between his own creation and that which has an objective existence of its own.)

"In the first case, man is using mental energy to create physical substance -----"

(M.L.: To shape or form it, would you say?)

"Yes, that would be better -- to shape or form it. He uses this mental substance as a force against energy, to put so-called chemical energy into action, to solidify it, and make it accrete for his assumed three-dimensional life. In the other case, he is using the same method, only not carrying it out to a complete end. I am now referring to his bringing forth not only human spirit beings back into the seeming physical world, but beings of giant proportions of other worlds, other states of thought."

(M.L.: These beings have their actual independent existence?)

"Yes, they do, but in order to make themselves known to man, man must first lend them the clothing to do so."

(M.L.: Nevertheless, if such things did not exist, could not man create them and then consider them to be independent existences?)

"Yes -- but such things are what is known as thought-forms..... You see, the difficulty of life is to try to grasp the 'ball within the ball.' You see, man cannot conceive of an outside of an outside. He must continue to think of an end, a changing substance that begins here and ends there. Even though he cannot really conceive of it, he still must use that postulate; otherwise, there will be no hope, you see, for his sanity in life in a three-dimensional world."

(Dr. C.: Are those who have reached your stage of development able to conceive of something without end or beginning?)

"No, I am afraid we are no better off in that respect, because thought on any plane must postulate something apart from itself, must postulate tangible substance."

(M.L.: Must there always be a time concept?)

Control Lao-Tse: "Yes, exactly so -- even in my sphere. The only way man can arrive at a concept of a beginning of anything would be for him to be able to reach that stage himself. Of course, he cannot do this."

(Dr. C.: Does the ancient Hebraic expression mean anything to those who have had your opportunity for study: 'In the beginning was the Word, and the Word was with God, and the Word was God?')

"It does if you conceive of God as being consciousness ----"

(M.L.: The Greek translates logos, which is 'creative energy.')

"But, you see -- creative, created -- by what? In 'God' you are using a word which conveys, in its ultimate, nothing. We are now back again to the assumed nothingness."

(Dr. C.: Did I get this correctly, that three-dimensional things are created in force by the mind of man?)

"You are correct, sir. I was standing by watching the writings of our good friend, Ramon Nataali, as he attempted to point out -- in what he was writing through the boy -- not the difficulties, but the impossibilities of man in a three-dimensional world trying to conceive of a beginning without a beginning, and making out of that nothingness a somethingness."

(Dr. C.: Will you tell me, Lao-Tse, do you have visitants on your plane from higher realms and learn from them as we learn from you?)

"Yes, and we often use the same methods as yours in invoking them into our conferences."

(M.L.: You can invoke them by some special methods?)

"Yes. Your friend, Mr. John's approach is perfectly legitimate and has been used through the ages on my plane as well as yours -- and I should say that the idea originated (though I do not like that term) in the High Etheric plane, from which all substance manifested must come."

(M.L.: Then these appearances evoked by Mr. John originate in the etheric?)

"Yes -- and provided he is using the proper invocations, he has actually experienced what he has written of in a seemingly three-dimensional condition."

(M.L.: What is the essential heart and center of an invocation or ritual?)

Control Lao-Tse cont.: "The essential center is a proper arrangement of the mind."

(Dr. C.: Then invocations and rituals are only aids and it depends upon the proper use of them by the individual whether or not they are effective?)

"Yes, but there are certain words You mentioned a little while ago, 'In the beginning was the Word, and the Word was with God,' -- 'Word' meaning sound, meaning projection of thought into a three-dimensional condition."

(M.L.: The exact wording of a ritual, then, is vital?)

"Yes."

(M.L.: And without them we are helpless?)

"Yes. Stop and think: Even this which you call 'GOD' used the word to materialize, to bring into a new state of consciousness. Do you suppose, then, that you can use just any words?"

(Dr. C.: Is it a sound that matters?)

"Yes -- and the mentality of the person using the invocation is vital."

(M.L.: Mr. John does not speak his ritual aloud; he thinks it only, so the power there is evidently only in the thought-form.)

"That may be so, but let me tell you something. Often, when starting into the world of the so-called mystic, you 'pull down the shade' of the so-called three-dimensional world. You change your mental condition without speaking a word, and the thought becomes the word."

(M.L.: To secure the same results as Mr. John's would it be necessary to have those particular thought-forms?)

"Yes -- if you use others you will get different results."

Dr. C.: Would you say that he got desirable results?)

"What do you mean by desirable, Doctor?"

(Dr. C.: Well -- I mean educational.)

"Well, Doctor, that depends upon what you call educational. To some, it would appear that he was blasphemous, and no doubt in my time he would have been badly persecuted for such doings."

(M.L.: The effect on Mr. John was that he was filled with joy and trust and happiness.)

Control Lao-Tse cont.: "Yes -- and that is the most important thing-- that man should know that life is glorious, joyful, beautiful beyond words to express."

(Dr. C.: My idea of education is anything that will improve human relationships and bring the brotherhood of man nearer.)

"Your great avatar, the Christ, was the most outstanding teacher and master that has ever come to earth. He has not and did not accomplish that which you call 'the brotherhood of man.' Man, as far as I can see, as a whole is not capable of reaching that stage in the physical body. Never in all the time that this physical three-dimensional world shall exist shall man become a complete and true brotherhood -- because that would mean that all would want the same thing, and that is not to be expected in your world. It is a grand and constructive idea, which I in my physical lifetime also fondly dreamed of, but on coming over here, and after many years of experience, I have come to that conclusion."

(M.L.: How can man be expected to evolve greatly in this physical life when he is here but a moment compared to the centuries on other planes?)

"No, that, of course, is not to be expected. That is why we have the law of Reincarnation -- to give him countless opportunities."

(HPT: He might not attain perfection, of course, but he might advance greatly through his earth experiences and attain a relative brotherhood, even in the physical-chemical body, might he not?)

"A 'relative brotherhood' -- that perhaps -- and I do not want you to think that this is not an ideal to work towards, even though it may not be completely attained in your life on earth."

(Dr. C.: Some groups of individuals seem to attain a feeling of brotherhood -- such as missionaries, for instance; or would you say they were sometimes disruptive -- as in Hawaii, for instance?)

"Yes -- often they go into places such as these islands, where the people were in as healthy a state of mind as could be on earth, and the missionaries destroyed that life of a child of nature, destroyed his physical body -- degenerated it.....Now I shall ask to be excused."
(3:10 P.M. Lao-Tse withdraws.)

(3:12 P.M.) Control Arakashi: "Good afternoon. It is a pleasure to be with you here again this afternoon; indeed it is a wonderful thing to have your little group meet here and that we are able to make

conversation between the two planes. We on my side are all very grateful to the boy for giving us the loan of his vocal cords to express once more our thought."

(M.L.: We value your words very highly and feel ourselves greatly privileged.)

Control Arakashi cont.: "I know you do, sir, and we are all indebted to you for your work of the past three years. You are doing a great service both to those who yet remain on earth and to us who have passed beyond the veil of material living."

(M.L.: It is hard to see what value this work can be to you -- except perhaps advertising the cause of communication and giving you a chance to express your opinions.)

"Not exactly, for that alone would be vanity -- but rather the hope that we on this side may be able to convey some substantial and valuable thought that may eventually lead to a discovery that may make life more bearable and intelligible to those on your side. If we can pass on even one thought of that kind, we will feel happy."

(M.L.: We regret that not more will pay heed on our side.)

"Yes, it is unfortunate and yet, in the teachings of metaphysics it is well known that no individual wakes up to anything until his time. And there is no telling when that time will be, for the individual himself cannot know and force himself to understand."

(M.L.: It is always a question of growth, not effort?)

"Yes, that is the sum and total of life -- growth of the mind. It is sometimes odd to me that man in all of his various stages of consciousness keeps on reaching up to some plane of consciousness other than the one he is on, even though he may not have lived a tenth of what is in the stage of consciousness where he is."

(Dr. C.: That is good, is it not?)

"Yes, for the simple reason that the individual already has an inner awakening to that which goes on in his plane of consciousness, and he in that manner avoids wasting time in learning the endless things to be learned, but only chooses those which will help him in the next plane."

(Dr. C.: Arakashi, we have a Dictionary of Synonyms which gives the terms, "mind," "spirit" and "soul" as being synonymous -- is that incorrect, or could they be called the same?)

Control Arakashi cont.: "Only as you would say that solids, liquids and gases -- which all merge into each other -- are the same."

(M.L.: Can you tell us of the human psycho-physical entity -- that is, could you give us some tabulation other than what we have, by diagrams, charts, etc.?)

"I suppose I do not need to say that it is a subject of the most intricate kind, and in all honor to you, sir, I must say it would be a difficult subject to go into for the short period of time that we have in these meetings. I will, however, attempt to put through some such ideas in the writings we are now giving this boy olairaudiently on 'The Rise and Fall of Man.' It may in some small manner serve to make these things more clear."

(M.L.: Our minds seem to work that way, you know -- with diagrams and other crutches.)

"Crutches, yes -- without which man would fall on his face."

(Dr. C.: Is it that man cannot conceive of these things?)

"That is it. It is the difficulty of bringing a very deep abstract idea into the concrete world. The mind -- or I should say, the brain is not always prepared to accept the ideas and it calls for endless elucidation."

(M.L.: Do you not use a method of instruction similar to ours?)

"Yes, indeed we do. Man must be taught, he must have teachers; and in order to have teachers, he must have schools."

(M.L.: Do you use methods that are unexplainable in our terms?)

"Sometimes, yes. The physical brain is at the stage where only a small part of the millions of functional cells are used, but in hundreds of thousands of years to come those cells will function and open up his three-dimensional life and cause him to see it very differently from now."

(Dr. C.: Do you mean brain or mind?)

"I speak of the brain -- because the atman, or high state of consciousness, is not yet able to function through these cells. Were it suddenly to do so, man's entire surroundings would be very different from what they are today."

(HPF: Very much better, of course.)

"Yes, indeed. But perhaps one should not say that, for one never knows what will be better for the morrow."

(M.L.: Is it true that there was a time when man functioned on both planes -- this and the etheric?)

Control Arakashi cont.: "That is true -- but only of certain superior ones, the adepts."

(Dr. C.: Is that not where you function now?)

"To a degree -- but were my consciousness, my atman more highly developed, I could continuously operate on other planes without the use of mantras, invocations, rituals."

(Dr. C.: Were you speaking of materializations?)

"Yes. Right now, this boy is functioning on two planes, you might say, because his physical form is being used as an open door to our plane."

(Dr. C.: You have his mind; we have his body?)

"Yes -- it is like a dreamless sleep that he is in. Man! It appals me to think of myself -- man! There are no words in any language spoken that can in even the most minute way convey the appalling greatness of man! Good afternoon." (3:40 P.M. Arakashi withdraws.)

(4:18 P.M.) Control LINGFORD (former American actor): "Long and narrow is the, and dark!" Hello, everybody! I have associated for so long now with these Orientals that I have gotten some of their lingo. That expression is certainly like the occult path -- dark and narrow -- and perhaps we should put some fog in it too -- and all the traveler has is a flashlight, and the only light he can see is the little circle of light at his feet."

(HPF: You are usually more light-hearted, Lingford.)

"Yes, but -- as I said, I have been hobnobbing with Orientals. I wanted to come back to what you were discussing after Arakashi left -- the illusion of the planes. Possibly an analogy there would be your state of dream-life when you go to bed. In the dream you see someone, you go forward and talk to him. Now, when you come out of that dream-state, does the individual you met at that time continue with a conscious recollection of having been with you -- or do only you remember? It is the same on all planes -- the physical; mine, the astral; the etheric -- or any"

(NML: I am not sure that I understand what you are driving at.)

"What I mean to say is that on meeting someone in your dream-world, you carry on a conversation with him or her and they seem real to you. Then, when you depart from the dream-world and come

back to the physical state, does that one you were talking to carry a conscious recollection?"

(MML: Are you assuming that the person met in a dream action is an entity and has individual consciousness?)

Control Lingford cont.: "I would think so -- but what I am trying to point out is that you have no such surety. You make everything on your plane of consciousness, just as we make it on ours, so that in the last analysis it is only seemingly two entities exchanging energy by talking. Whether it is on the physical plane or on mine, there is no way of saying that it was not an actual entity."

(MML: But the distinction between what we call real and unreal seems to disappear?)

"That is exactly what I am trying to say- the quality of nothingness blending with the seeming somethingness....."

(MML: Of course, with material things it is the same -- we have only a group of sensations which we call an object.....)

"Do you not think, then, that provided there is an entity in the dream condition, he may have gone away with the thought that it is his dream and not yours? So how can you arrive at any conclusion and point at it and say it is fact beyond a shadow of doubt?"

(M.L.: But it seems to me a plurality of consciousnesses must be accepted- else I would disappear into you, and you into me, and solipsism would occur -- like a snake swallowing his tail.)

"As your Professor Twining said, it is not exactly as you express it, but two forces exchanging themselves with such rapidity as to be never separated and yet blended, but still entities in themselves. It is an extremely difficult situation to explain."

(M.L.: I think I am beginning to see how solipsism can be resolved...)

"In regard to that, we do not have a true conception of time wherein these two forces can be many things at one time, exchanging qualities or quantities in many forms of consciousness, one within the other."

(M.L.: It seems to be bound up with what I like to call the quantum theory of consciousness.)

"I rather agree with that -- intermittent action and yet such speed that the mind of man cannot conceive of it."

(Dr. C.: That involves a whole new concept -- one that is going to make our mathematicians very sad.)

Control Lingford cont.: "Doctor, I think we have with us the man called General Stilwell. I hope he will be able to talk through Mark before long. He says that Chiang Kai-shek is going to be the downfall of China -- that Communism will rule China, and all on account of the damnable stupidity of Chiang Kai-shek. When I withdraw, I will try to keep the boy in a trance state so as to save time for General Stilwell. I may not be able to get back later, so everybody be happy and calm until I see you again!"

(4:30 P.M. Lingford withdraws, but Gen. Stilwell apparently unable to come through at this time.)

October 3, 1948 -- at 931 26th St., San Diego, California.
(12 persons present)

(1:50 P.M.) Control LAO-TSE: "Good afternoon. We have been having a little discussion on my side to decide who could control the medium's body better under such strong lights as you need for the photograph you wish to take,* and they have chosen me. I sincerely hope I shall be able to remain, but sometimes under odd conditions which we are not prepared to handle, we are not able to hold on to the body of the boy." (To the photographer) "I am very glad to meet you, young man, and also the young lady, your wife. I hope that at some time you will come back and sit in at this little circle. We do not try to be spectacular, but just ordinary human beings, and because we who control the boy's body have passed out of the physical counter-part of ourselves is no reason for feeling that we are not just as human and understanding as you who are still in the body. If you do come again, I should very much enjoy the chance to tell you a little more of survival from your three-dimensional world into what we call the astral plane or world or states of consciousness."

(Dr. C.: Is there any hazard to the boy in taking the photographs?)

"No -- the only thing that may happen is my possibly departing suddenly, but that would only be because of something unexpected. But, as far as the boy is concerned, we have arranged so that there will be no danger to him at all."

"Never in my lifetime have I ever come up against anything like this. In my day it would have been considered witchcraft."

(M.L.: Would you mind turning a little so as to look straight into the camera Thank you.)

"Is it all over? Is it done? Well, that was very easily done."

* Photograph taken for magazine, FATE, issue of May, 1949.

(IP: We will show you a print of it when it is developed.)

Control Lao-Tse: "I should like to see that. You are living in a world of great wonders - and you do not realize it. You take things in a most casual manner. You should be jovial and happy and full of joy that you are living in a time of such wonderful creations of the human mind.....I know a little about such things, because I have made it a point to search for the various instruments that you have invented as the years go on in this earth of yours."

"Now, I want to say something that we have neglected to speak of till now: we all on this side of the 'Inner Circle' wish to offer our great thanks and appreciation to that wonderful man, Mr. Roger Graham. He has been the instrument for us to supply the substance for you to carry on -- you know what I mean. As we have told you in the past, we will not leave you to want for supply."

(IP: You have certainly helped us wonderfully, and we are very grateful for the response to Mr. Graham's letter. It has helped Mark not only in a material way, but has made a tremendous difference in his morale and his health as a consequence.)

"And to our friend, Dr. Layne -- you have certainly played a splendid part, and all of us wish to thank you for bringing this work to the notice of your country at large."

(ML: We are handicapped in many respects, but we feel optimistic over the prospects for expansion of the work.....)

"Yes, as I have said before, the road to knowledge is dark, and men -- if they only knew -- the uninitiated, the unknowing majority -- what they owe to the few little lights in this world of darkness! Now, I will ask to be excused. The blessings of the One Self be upon you!"

(2:20P.M.) Control ARAKASHI: "Good afternoon to you all. We have been watching from our side with much amusement the taking of the picture. It was an unusual experience for my good brother, Lao-Tse, and I am glad he was able to hold on. All things come to him who waits, eh? As Lao-Tse says, he has waited for two thousand five-hundred years to have his picture taken. (Laughter) But I think his life was tolerable even without that! There is so much that we can do without. Now I will ask you to excuse me for a moment. (Arakashi makes the sign of the cross in the air, meanwhile chanting in a foreign tongue.) That was not the sign of the Cross, your Christian Cross -- the four points designated are the four corners of the Earth. I invoke blessings and peace to all, everywhere on the Earth."

(A.v.S.: Can you see us here?)

Control Arakashi: "To a certain extent; not as you would, but as though under my life-conditions, as a sort of light."

(A.V.S.: Can you distinguish our auras?)

"Your aura tells me that you are quite a healthy man. It has been some years, from what I can see, since you have suffered any real illness."

(IP: What color indicates health?)

"In illness there is a sort of muddiness -- but it depends on the part of the body affected."

(A.v.S.: Just now I am having a sort of difficulty. I am not sure whether it is psychic or physical. Can you see it?)

"I see it more as a psychic condition, sir, but of course it has its reflections in the physical, so you feel it that way."

(A.v.S.: It manifests itself as a difficulty of breathing, like an attack of asthma, almost, in the night.)

"How long have you been indulging in psychic work?)

(A.v.S.: For about fifteen years.)

"You are desiring something very strongly, very deeply, and it is not being satisfied or brought out into the physical. You are having some kind of business difficulty?"

(A.v.S.: Yes -- not too bad, but somewhat of a stickler.)

"Yes. You see, when the mind is being pressed upon by a problem, it begins to cast around within itself for means and ways of solving that problem. And in the meantime, if it is not solvable in a given period of time, it begins to take its effect upon the physical body. Your condition, sir, to me, is simply a psychic condition -- for the reason that you are bringing to yourself unhappy entities who still wish to live back in the physical body and enjoy physical things."

(Dr. C.: Is that a common condition?)

"Yes, it is; many more suffer from that condition than you suppose. If I were you, sir, I would do something to clear my room of these unwanted forces. I would use mantrams and passes over the bed. That may seem foolish to you, but I do not think so, because you have done some psychic work. You might make some rotative passes over your bed, and also call upon your White Brother, the Christ. You will clear out the unhappy forces in your room. At one time I advised the boy

and his wife in this way also."

(A.v.S.: Doesn't one's aura protect one?)

Control Arakashi: "Not necessarily -- especially if you have not made some provision to protect yourself from them. All people who go into psychic work should make passes and say mantrams around themselves at least once a day -- to ward off psychic attack. For you are dealing with forces, (and regardless of what you say you know about them, I am sure there is much you do not know)-- and it is highly dangerous. Many laugh at such asserted dangers, and sometimes -- too often so -- they find themselves laughing on what you Americans call 'the wrong side of their faces,' --tek,tek! Too bad you are not all given training from childhood that will have its continuation after passing from the physical body and taught that there are wonderful and also evil forces. Now, those who do evil do not always wish to do so; the ones who are really powerful are the 'black magicians.' Have I said enough of this?"

(A.v.S.: Thank you. Is the AUM PADME mantram a good one to use?)

"Yes, excellent; I enjoy the vibrations of that very much, myself."

(ML: I have been told that severe penalties attach to careless use of the AUM -- is that correct?)

"That is not entirely true, sir. It depends upon the user, and why he is using it. If he is using it for good, for protection, it is quite all right. Did this person give any reasons for his statement, sir?"

(ML: No, he only made the flat statement, but since many, all over the world, use it daily -- some of them probably unintelligently -- that seemed rather unlikely to me.)

"Yes, the triviality of a man's use of the AUM depends upon the mind of the one who is using it."

(ML: How would you describe the effect of the AUM mantram?)

"That depends upon how you use it -- whether with the continuous vibration -- A-u-u-u-m (giving an example) --that sets up a fine radiant vibration that is very good for the physical as well as the astral body. But for the ordinary person who uses it in a careless manner as you say, it will not do harm -- though not much good, either. Now I go -- (2:25 P.M. Arakashi withdraws.)

(2:38 P.M.) Control Professor ALFRED LUNTZ: "Good afternoon. I am Professor Luntz and I would like to get into this conversation on medical subjects. You were talking, Doctor -- will you carry on, so that I may put in a word or two?"

(Dr.C.: I was describing an operation, a very serious operation I was performing, in which I was given guidance and help from a physician, a surgeon, from your side.)

Control Prof. Luntz: "Who is here now."

(Dr.C.: You mean Dr. Rathbone? Is he with you here?)

"Yes, I think so. He is a large man?"

(Dr.C.: I have never seen him, but I was told exactly what to do when I was in doubt as to how to proceed. I made what might be called a prayer for my patient. I had done everything I knew how to do; I asked that I might be told what to do next that my patient might be saved -- and I was. I was told by this Dr. Rathbone just which instrument to use and how to proceed.)

"You were indeed fortunate, sir. Few have had such definite proof of survival."

(Dr.C.: The doctor did me a favor in telling me that I must not think I had done it all myself without help -- so I wouldn't get the "big head.")

"He was very right, sir. So many educated minds like yours attract educated minds from our side, but often they do not open up themselves to us over here. They have an experience of doing something suddenly and unexpectedly and they think, 'Ah, this is wonderful! Look what I have done!', instead of 'what we have done, working between the two worlds.'"

(Dr.C.: Does that account for what we call genius?)

"Not always, sir; there are times when individual spirit force has nothing to do with the activity of a genius's mind, but rather, the mind rises up to meet the incoming, or oncoming intelligence of the Great Mind. It is, I know, inconceivable to one still in the physical body to understand a flowing Force which is intelligent. But I think that of all people those who best grasp it would be botanists and medical doctors and surgeons, but -- strangely enough -- not physicists. (Q. Why not physicists?) Because they are dealing continually with the material counterpart through which the force flows. They look upon the present or physical body and do not realize that this wonderful piece of mechanism cannot exist without the mind force to govern and bring it on to that advanced state."

(Dr.C.: In what category does that place Edison?)

Control Prof. Luntz: "Edison was helped a great deal by certain entities who were interested in what he was doing. It depends a great deal on what one is doing what kind of force he attracts. As I said, sometimes it is the force of a mind advanced in certain fields; or it may be this thing I call Intelligent Force, when the cells of the mind are brought up into higher vibratory speed. This, of course, is the chemicals arranging themselves to meet this oncoming force, to be equal to it."

(ML: Where does the superior receptivity of a genius originate -- in the history of the individual himself?)

"Not necessarily so, but sometimes. No doubt you have knowledge of cases where an individual goes on for some time with those around him considering him rather a dolt, as you say, and then suddenly rising to the status of a genius by some unexpected feat. In that instant, the mind is being operated upon by the Great Mind. In other instances it is being controlled by departed entities; and in others it is a distant remembering, a remembering of former lives and abilities."

(ML: There is some peculiar quality in this individual that makes him receptive to manipulation from the other side?)

"Yes; that condition is brought about by the desire, the great desire."

(ML: But the entities on the other side could not operate on just anyone who had a strong desire?)

"Yes, they could. The strong desire prepares the mind for the oncoming flow, or receptivity to the force."

(ML: You mean that all our strong desires or prayers are answered?)

"Yes, all great desires or prayers are answered eventually, at some time, sooner or later. So it would be well for you to be careful what you wish and ask for. But I do not wish to be preaching -- I did enough of that when on the earth."

(A.v.S.: May we go back to the subject of auras? The love-auras, I have thought, are seen as a pink light -- is that correct?)

"That depends upon the depth, the sincerity, the kind of love. If it is one of the passion of the body, it is bright red and filled with flame. If it is one of compassion, it has a beautiful golden glow and beautiful tints of purple."

(A.v.S.: There is a school of thought that visualizes a beautiful pink light that flows through the body for healing.)

Control Prof. Luntz: "That to me, sir, is not so much pink as an old-rose tone. It is used on our side and passed on to you to regenerate the body and give it strength. Many years ago, this boy had such an experience; along the trail of his reaching this stage, he has had many wonderful experiences."

(IP: Yes, Mark has told me of that.)

"Yes, and I believe he spoke of its invigorating him. This is a wonderful force. Men of science of your time should look further into the unseen for the healing lights and music."

(HPF: They are beginning to use them to some extent now.)

"Yes, I notice that some of your scientists are doing so. That is the essence of light."

(A.v.S.: You would say, then, that visualizing this pink light brings health?)

"Yes, but it must not be done in a trivial manner; it must be done seriously and with concentration."

(A.v.S.: What is the effect?)

"You will feel you entire being thrilling. You have never in all your physical existence felt such a thrilling feeling."

(A.v.S.: Can you get too much of it so that it brings a sense of tension?)

"Yes, when you have carried on your concentration longer than was needed, because you were looking for something else, and that concentration may cause intense muscle tension, so that when you relax, your muscles ache."

(A.v.S.: How long should the concentration last?)

"Not longer than fifteen or twenty minutes, I would say."

(Once I felt a tremendous feeling of love that spread out to all the world; is that a usual experience in such concentration?)

"Yes -- and you can take it a step further and you will find yourself standing in a beautiful world."

(A.v.S.: Where there is a beautiful, dazzling, bright white light?)

"Yes."

(A.v.S.: Is there any basis for a sense of terror?)

Control Prof. Luntz: "When you feel that sense of terror, you should drop away from it, stop concentrating. In all psychic work you are bound to contact two forces, as in all of life -- the negative and the positive. If you unnecessarily prolong these sittings, you are contacting a negative force."

(A.v.S.: I used to do astral projection daily; now I am not able to do so. Is there a reason why I cannot?)

"There are times when the mind needs rest -- and I do not speak of the physical brain, but of the mind -- and only the mind knows when it so desires; and you cannot fool it, you cannot fool that Self. The Self may fool the physical body, but the physical body cannot fool the Self. You went at it in all sincerity, but with too heavy a push -- and that will drive away psychic ability."

(A.v.S.: Too much tension there?)

"Yes, simply because you reached a stage beyond that projection, and the new desire created a tension, because you did not know what to expect. Now I shall ask you to excuse me. (3:03 P.M.)

(3:25 P.M.) New control: "Good afternoon. I am George Arliss. Just here for a moment. I was allowed to come into one of your previous meetings. You asked me to come back and I sincerely appreciated that invitation. I got to thinking to myself this afternoon: Would it not have been better for me to do the posing for the picture you were taking -- I who was so accustomed to it? No -- of course, I am only joking. This is a serious work and I fully realize it. I do not belong to this young man's 'Inner Circle,' so I could not very well impose myself into the deal. That would not be right."

"Now I am beginning to learn a little of what goes on on my side, and what is likely to take place between the two worlds. In other words, I am becoming informed of conditions I never dreamed of before coming over. Although I was interested in all psychic work, I did not know what to expect, and I am told now that few can meet the situation in a befitting manner. It is extremely disconcerting and can be an unhappy affair -- this thing you call death. And yet, when you get to understand, you find things are much more beautiful here than on your side -- so much more freedom -- and I am merely remarking this so that you will know what to expect on passing over. You (to A.v.S.) do know, for you have had experiences out of the body. It is similar; but also prepare yourself, as your guide and helper said, for the unexpected -- for it may be vastly different, as the Maharajah Natcha, your friend and helper, said. Even though you have had a projection of the psychic body, you will find it quite different; it is only similar to a degree. The rate of vibration, I am told, is quite different, when one passes over, to that in a projected still-living body. What you are doing is to

enter the lower etheric, not the astral or the world of those who are 'dead.' When you see them in your psychic projection, it is because they have come down into the etheric to greet you."

(A.v.S.: Are there such things as shells left by the astral body?)

"No, not in the manner it has been taught in some schools. These shells, or shards, are thought-forms produced by those who have passed on, or by those still living. But to think that the astral body throws off such 'shells' is quite erroneous. At some other time I would like to take up this matter at some length, but I sense a desire to bring this meeting to a close, so, with my good wishes to you all, I will say good-bye for this time. (3:35 P.M.--George Arliss withdraws.)

October 17th, 1948: at 917 - 10th St., San Diego, California.

(2:35 P.M.) Control LAO-TSE: "Good afternoon. It is a pleasure to see such contacts made as that which took place here a few minutes ago between the Doctor and his Scotch uncle on this side. The continuity between the many states of consciousness, to those who are willing to devote a little time and effort, is indeed a marvellous thing."

(ML: Did Dr. C's uncle come of his own accord, or did he have to ask permission?)

"Yes -- those individuals who are not connected with the 'Inner Circle' of the boy do have to ask permission. Many come of their own volition, and if we feel that it will be of value to allow them to enter in, we always are glad to accommodate and to help."

(ML: It seems difficult to make contact today; any special obstacles?)

"Yes, the mental condition of the boy is not too good. He has been very deeply impressed by this prowling creature around his home..... You may wonder why we did nothing to help with this disturbing condition. You know, there are times when the best of us feel that it is not wise to interfere in certain things that are taking place in the life of our 'doorway' -- the machine that we use to talk through -- the boy. There are some things that are very essential to his growth, his understanding; and the things that happen, in order for them to help, must be deeply impressed upon the mind. It seems unfortunate, and an unhappy condition, but it is not really so."

(IP: You knew what was happening, then?)

Control Lao-Tse: "Yes. The boy, being a very sensitive person and one whose mind works in a peculiar manner, is quite capable of painting dramatic things and then bringing those forces to himself."

(ML: Will you tell us something of the phenomenon?)

"In creative art -- especially in painting and writing -- a force is used, and that force goes out -- and in this case stirred up the discarnate body of the animal. So he had on his porch a tiger. He need not have felt frightened, because this animal, in its state, cannot harm him."

(ML: Was the animal there in an etheric body?)

"Yes, in an etheric body."

(HPF: The thought-form which Mark had made of his painting established a link with the discarnate tiger?)

"Yes, exactly as when you paint a portrait of someone who has gone from your carnate life -- you have made a thought-form, a link or connection."

(ML: Could the tiger, under the right conditions, have taken on materialization?)

"Yes, it could."

(ML: It could then have done harm?)

"Only to a degree -- only in the way of frightening someone by its appearance."

(EC: Was there some special connection -- I mean, was it a painting of some particular tiger?)

"No, it was only done to occupy his time."

(IP: Would you advise him not to paint such things again?)

"Yes, I would. I have often spoken of what thought can do. Man brought himself into the world through thought; is it strange that he can produce anything else? Now I will speak also of what you were talking about earlier this afternoon -- about astral lights. Light, to begin with, is not something that extends from itself -- which you call travelling, or the speed of light. Light is really a constant within itself."

(ML: It is always present, whether we can see it or not?)

Control Lao-Tse: "Yes."

(ML: What is the difference between light and darkness?)

"Darkness -- the negation of light."

(ML: But light is a constant -- a condition of the ethers, if that is the correct word?)

"That will do. You have not always words that suit, but that will do. Who is to define a word, anyway? Now, let us talk also on what the boy was saying about the eclipse that lasted for a year and a half. This is a manifestation of the etheric world -- the unseen working into the seen. Certain conditions take place in the etheric world and you have the reaction into the physical world."

(ML: I have not read the article about it, so I cannot discuss it.)

"Well, we will take all of your other phenomena and classify them under that heading. Man himself came from the etheric, had made this vast universe; so if he continues to produce such activity, from one dimension into another, it is not unusual, by any means."

(ML: Are there objects, or worlds of objects, of greater density than any matter we know which still is imperceptible to us; and if so, how can these be out of our perceptual range?)

"If you will excuse me, I would like to turn that question over to our mutual friend, Ramon Nataalli. I will give it to him, because I think that probably he can do better with it than I."

"The blessings and love of the 'Inner Circle' to you all."

(3:30 P.M. -- LAO-TSE withdraws.)

-- End of Meeting --

THE JOURNAL OF BORDERLAND RESEARCH

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PURPOSES OF BSRF: This is a non-profit organization of people who take an active interest in unusual happenings along the borderland between the visible and invisible worlds. In the words of the late Meade Layne, founder and director of BSRA from 1946 to 1959: "BSRA publications are scientific in approach but employ few technical expressions. They deal with significant phenomena which orthodox science cannot or will not investigate. For example: The Fortean falls of objects from the sky. Teleportation, Radiesthesia, PK Effects, Underground Races, Mysterious Disappearances, Occult and Psychic Phenomena, Photography of the Invisible, Nature of the Ethers and the problem of the Aeroforms (Flying Saucers). In the year 1946 BSRA obtained an interpretation of the phenomena which since has come to be known as the Etheric or 4-D interpretation, and which has not been radically altered since that time. This continues to be the only explanation which makes good science, sound metaphysics and common sense."

The chief present concern of the Foundation is to make this kind of unusual information available as a public service at reasonable cost. Headquarters acts as a receiving, coordinating and distributing center. An important part of the Director's work is to give recognition, understanding and encouragement to people who are having unusual experiences of the borderland type and/or are conducting research in any of the above fields. For consultation on borderland problems, or for Spiritual healing through prayer, write or phone 714-724-2043 for help or for an appointment. Donations and bequests toward Foundation research programs and expenses are welcome.

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